

**Date: 28<sup>th</sup> May, 2026**

To, Manager - Listing Compliance <b>National Stock Exchange of India Limited</b> 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, <b>BSE Limited</b> Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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**Subject: Annual Secretarial Compliance Report for the year ended 31st March 2026 as required under Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 ("Listing Regulations")**

**Ref: SEBI Master Circular Number HO/49/14/14(7)2025-CFD-POD2/I/3762/2026 issued on 11th July 2023 and Last updated on 30th January 2026 ("the Circular") read with Regulation 24A of the Listing Regulations.**

**Dear Sir/Madam,**

Pursuant to Regulation 24A of SEBI Listing Obligations and Disclosure Requirements) Regulations, 2015, please find enclosed herewith Annual Secretarial Compliance Report dated 28<sup>th</sup> May, 2026 for the financial year ended 31st March, 2026, issued by M/s. Ankur Singh & Associates, Practicing Company Secretaries, Delhi.

The above information is also available on the Company's website at [www.jeenasikho.com](http://www.jeenasikho.com)

This is for your kind information and record.

**Thanking you,  
Yours faithfully,**

**For Jeena Sikho Lifecare Limited**

**Manish Grover  
Managing Director  
DIN: 07557886**

**Place: Zirakpur, Punjab  
Date: 28.05.2026**

## **JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
Email ID.: cs@jeenasikho.com | www.jeenasikho.com



**ANKUR SINGH & ASSOCIATES**  
**Company Secretaries**  
**123-A, A-5 Block, Near Indraprastha School,**  
**Paschim Vihar, New Delhi-110063.**  
**PH. No –9711936784, Email Id – pcsankursingh@gmail.com**

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**Date: 28.05.2026**

**To,**  
**The Board of Directors**  
**Jeena Sikho Lifecare Limited**  
**CIN: L52601PB2017PLC046545**  
**SCO 11 First Floor, Kalgidhar Enclave,**  
**Mohali, Zirakpur, Punjab, India, 140604.**

**SECRETARIAL COMPLIANCE REPORT**  
**FOR THE FINANCIAL YEAR ENDED ON 31<sup>ST</sup> MARCH, 2026**

*(Pursuant to Regulation 24A (2) of SEBI (Listing Obligations and Disclosure Requirement) Regulations, 2015)*

We have conducted the review of compliance of the applicable statutory provisions and the adherence to good corporate practices by Jeena Sikho Lifecare Limited Bearing **CIN: L52601PB2017PLC046545** (hereinafter referred to as the listed entity), having its registered office at SCO 11 First Floor, Kalgidhar Enclave, Mohali, Zirakpur, Punjab, India, 140604, in terms of Regulation 24A (2) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 as amended. Secretarial Review was conducted in a manner that provided us a reasonable basis for evaluating the corporate conducts/statutory compliances and expressing our opinion thereon.

Based on our verification of the listed entity's books, papers, minutes books, forms and returns filed and other records maintained by the listed entity and also the information provided by the listed entity, during the conduct of Review, we hereby report that the listed entity has, during the Review Period covering the Financial Year ended on March 31, 2026, complied with the statutory provisions listed hereunder in the manner and subject to the reporting made hereinafter.

**We, Ankur Singh & Associates, Practicing Company Secretaries, have examined:**

- (a) All the documents and records made available to us and explanation provided by **Jeena Sikho Lifecare Limited** ("the listed entity"),
- (b) The filings/submissions made by the listed entity to the stock exchanges,
- (c) Website of the listed entity,
- (d) Any other document/filing, as may be relevant, which has been relied upon to make this certification.

**For the year ended 31<sup>st</sup> March, 2026 in respect of compliance with the provisions of:**

1. The Securities and Exchange Board of India Act, 1992 ("SEBI Act") and the Regulations, circulars, guidelines issued thereunder; and
2. The Securities Contracts (Regulation) Act, 1956 ("SCRA"), rules made thereunder and the Regulations, circulars, guidelines issued thereunder by the Securities and Exchange Board of India ("SEBI");

The specific Regulations, whose provisions and the Circulars/Guidelines issued thereunder, have been examined, include:

- (a) Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015;



- (b) Securities and Exchange Board of India (Issue of Capital and Disclosure Requirements) Regulations, 2018; **(Not applicable for the period under review)**
- (c) Securities and Exchange Board of India (Substantial Acquisition of Shares and Takeovers) Regulations, 2011;
- (d) Securities and Exchange Board of India (Buyback of Securities) Regulations, 2018; **(Not applicable for the period under review)**
- (e) Securities and Exchange Board of India (Share Based Employee Benefits and Sweat Equity) Regulations, 2021;
- (f) Securities and Exchange Board of India (Issue and Listing of Non-Convertible and Redeemable Preference Shares) Regulations, 2021; **(Not applicable for the period under review)**
- (g) Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015;
- (h) Securities and Exchange Board of India (Registrars to an Issue and Share Transfer Agents) Regulations, 1993 and circulars/guidelines issued thereunder;
- (i) Securities and Exchange Board of India (Depositories and Participants) Regulations, 2018.

and circulars/ guidelines issued thereunder and based on the above examination, we hereby report that, during the Review Period:

- I. A. The listed entity has complied with the provisions of the above Regulations and circulars/ guidelines issued thereunder, except in respect of matters specified below:

Sr. No.	Compliance Requirement (Regulations/circulars/guidelines including specific clause)	Regulation/Circular No.	Deviations	Action Taken by	Type of Action (Advisory / Clarification/ Fine/Show Cause Notice/ Warning, etc)	Details of Violation	Fine Amount	Observations/ Remarks of the Practicing Company Secretary	Management Response	Remarks
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**ANKUR SINGH & ASSOCIATES****Company Secretaries****123-A, A-5 Block, Near Indraprastha School,****Paschim Vihar, New Delhi-110063.****PH. No -9711936784, Email Id – pcsankursingh@gmail.com**

1	Regulation 29(2)/29(3) ) BSE Limited	Regulation 29(2)/29(3)	Delay in furnishing prior intimation about the meeting of the board of directors. Quarter 2 ending 30 September, 2025	BSE Limited	Fine	Delay in furnishing prior intimation about the meeting of the board of directors. Quarter 2 ending 30 September, 2025	Rs, 10,000 +GST, Total Fine paid Rs. 11,800	The Company had delayed in furnishing the prior intimation of the Board Meeting for the quarter ended 30th September, 2025, to the Stock Exchange(s) under the applicable provisions of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015. Consequently, a fine of Rs. 10,000/- plus applicable GST aggregating to Rs. 11,800/- was levied by the Stock Exchange and the same has been duly paid by the Company	The delay was inadvertent in nature and not intentional. The Company has taken note of the lapse and has strengthened its internal compliance monitoring mechanism to ensure timely intimations and adherence to the applicable provisions of SEBI (LODR) Regulations, 2015 going forward.	NA
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2	Regulation 29(2)/29(3) National Stock Exchange of India Limited	Regulation 29(2)/29(3)	Delay in furnishing prior intimation about the meeting of the board of directors. Quarter 2 ending 30 September, 2025	National Stock Exchange of India Limited	Fine	Delay in furnishing prior intimation about the meeting of the board of directors. Quarter 2 ending 30 September, 2025	Rs, 10,000 +GST, Total Fine paid Rs 11,800	The Company had delayed in furnishing the prior intimation of the Board Meeting for the quarter ended 30th September, 2025, to the Stock Exchange(s) under the applicable provisions of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015. Consequently, a fine of Rs. 10,000/- plus applicable GST aggregating to Rs. 11,800/- was levied by the Stock Exchange and the same has been duly paid by the Company	The delay was inadvertent in nature and not intentional. The Company has taken note of the lapse and has strengthened its internal compliance monitoring mechanism to ensure timely intimations and adherence to the applicable provisions of SEBI (LODR) Regulations, 2015 going forward.	NA
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B. The listed entity has taken the following actions to comply with the observations made in previous reports



Sr. No.	Compliance Requirement (Regulations/circulars/guide-lines including specific clause)	Regulation/Circular No.	Deviations	Action Taken by	Type of Action (Advisory/Clarification/ Fine/Show Cause Notice/ Warning, etc)	Details of Violation	Fine Amount	Observations/Remarks of the Practicing Company Secretary	Management Response	Remarks
NA										

II. We further hereby report that, during the Review Period the compliance status of the listed entity is appended as below:

S. No.	Particulars	Compliance Status (Yes/ No/ NA)	Observation/ Remarks by PCS
1.	<b>Secretarial Standards:</b> The compliances of the listed entity are in accordance with the applicable Secretarial Standards (SS) issued by the Institute of Company Secretaries India (ICSI), as notified by the Central Government under section 118(10) of the Companies Act, 2013 and mandatorily applicable.	Yes	-
2.	<b>Adoption and timely updating of the Policies:</b> <ul style="list-style-type: none"> <li>● All applicable policies under SEBI Regulations are adopted with the approval of board of directors of the listed entities</li> <li>● All the policies are in conformity with SEBI Regulations and have been reviewed &amp; updated on time, as per the regulations/circulars/guidelines issued by SEBI</li> </ul>	Yes  Yes	-  -
3.	<b>Maintenance and disclosures on Website:</b> <ul style="list-style-type: none"> <li>● The Listed entity is maintaining a functional website</li> <li>● Timely dissemination of the documents/ information under a separate section on the website</li> <li>● Web-links provided in annual corporate governance reports under Regulation 27(2) are accurate and specific which re- directs to the relevant document(s)/ section of the website</li> </ul>	Yes  Yes  Yes	-  -  -
4.	<b>Disqualification of Director:</b> None of the Director(s) of the Company is/ are disqualified under Section 164 of Companies Act, 2013 as confirmed by the listed entity.	Yes	-
5.	<b>Details related to Subsidiaries of listed entities have been examined w.r.t.:</b> (a) Identification of material subsidiary companies (b) Disclosure requirement of material as well as other subsidiaries	Yes	The Company has two subsidiaries namely Jeena Sikho International LLC and Jeena Green Resources Private Limited ; however, neither of them is a material subsidiary of the Company.
6.	<b>Preservation of Documents:</b>	Yes	-



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**Company Secretaries**

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	The listed entity is preserving and maintaining records as prescribed under SEBI Regulations and disposal of records as per Policy of Preservation of Documents and Archival policy prescribed under SEBI LODR Regulations, 2015.		
7.	<b>Performance Evaluation:</b> The listed entity has conducted performance evaluation of the Board, Independent Directors and the Committees at the start of every financial year/during the financial year as prescribed in SEBI Regulations.	Yes	-
8.	<b>Related Party Transactions:</b> (a) The listed entity has obtained prior approval of Audit Committee for all related party transactions; or (b) The listed entity has provided detailed reasons along with confirmation whether the transactions were subsequently approved/ratified/rejected by the Audit Committee, in case no prior approval has been obtained.	Yes  Not Applicable	-
9.	<b>Disclosure of events or information:</b> The listed entity has provided all the required disclosure(s) under Regulation 30 along with Schedule III of SEBI LODR Regulations, 2015 within the time limits prescribed thereunder.	Yes	-
10.	<b>Prohibition of Insider Trading:</b> The listed entity is in compliance with Regulation 3(5) & 3(6) SEBI (Prohibition of Insider Trading) Regulations, 2015.	Yes	-
11.	<b>Actions taken by SEBI or Stock Exchange(s), if any:</b> No action(s) has been taken against the listed entity/ its promoters/ directors/ subsidiaries either by SEBI or by Stock Exchanges (including under the Standard Operating Procedures issued by SEBI through various circulars) under SEBI Regulations and circulars/ guidelines issued thereunder except as provided under separate paragraph herein.	No	It was observed that BSE Limited and the National Stock Exchange of India Limited had levied fines on the Company for delay in furnishing prior intimation of Board Meetings pursuant to Regulations 29(2) and 29(3) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015. The Company has duly complied with the directions of the Stock Exchanges and paid the aforesaid fines within the stipulated timeline. Further, no other actions were initiated or taken by SEBI or the Stock Exchanges against the Company during the review period.
12.	<b>Resignation of statutory auditors from the listed entity or its material subsidiaries:</b> In case of resignation of statutory auditor from the listed entity or any of its material subsidiaries during the financial year, the listed entity and / or its material subsidiary(ies) has /have complied with paragraph 6.1 and 6.2 of section V-D of chapter V of the Master Circular ( <b>SEBI Circular CIR/CFD/CMD1/114/2019</b> ) on compliance with the provisions of the LODR Regulations by listed entities.	Yes	It was observed that M/s. KRA & Co., Chartered Accountants (Firm Registration No. 020266N), Statutory Auditors of Jeena Sikho Lifecare Limited (“the Company”), tendered their resignation vide letter dated 13th August, 2025 from the office of Statutory Auditors of the Company with effect from 14th August, 2025.  The resignation was tendered consequent to the Company’s migration



			to the Main Board and its decision, in line with investor suggestions, to appoint a global audit firm as Statutory Auditors, considering enhanced visibility and stakeholder expectations associated with a listed entity. In this regard, it is observed that the Company is in compliance with Para 6.1 and 6.2 of Section V-D of Chapter V of the SEBI Master Circular on compliance with SEBI (LODR) Regulations, 2015 relating to resignation of statutory auditors.
13.	<b>Additional Non-compliances, if any:</b> No additional non-compliance observed for any SEBI regulation/circular/guidance note etc.	NA	No further Non-Compliance observed.
14.	The listed entity to comply with the following requirements for disclosure of Employee Benefit Scheme Documents in terms of regulation 46(2)(za) of the LODR: a) The scheme document shall be uploaded on the website of the listed entity after obtaining shareholder approval as required under SEBI (SBEB) Regulations, 2021. b) The documents uploaded on the website shall mandatorily have minimum information to be disclosed to shareholders as per SEBI (SBEB) Regulations, 2021.	Yes	-

III. Compliances related to ‘Resignation of Statutory Auditors’ from listed entities and their material subsidiaries as per **SEBI Circular CIR/CFD/CMD1/114/2019** dated 18<sup>th</sup> October, 2019:

S. No.	Particulars	Compliance Status (Yes/ No/ NA)	Observation/ Remarks by PCS
<b>Compliances with the following conditions while appointing/re-appointing an Auditor:</b>			
1.	(i) If the auditor resigns within 45 days from the end of a quarter of a financial year, then the auditor shall, before such resignation, issue the limited review/ audit report for such quarter. (ii) If the auditor resigns after 45 day from the end of a quarter of a financial year, then the auditor shall, before such resignation, issue the limited review/ audit report for such quarter as well as the next quarter. (iii) Notwithstanding the above, if the auditor has signed the limited review/ audit report for the first three quarters of a financial year, then the auditor shall, before such resignation, issue the limited review/ audit report for the last quarter of such financial year as well as the audit report for such financial year.	Yes	During the period under review, M/s KRA & Co., Chartered Accountants (Firm Registration No. 020266N), resigned as Statutory Auditors of the Company w.e.f. 14th August, 2025 after issuance of the Limited Review Report for the quarter ended 30th June, 2025. Subsequently, M/s Walker Chandiok & Co LLP were appointed as Statutory Auditors of the Company on 14th August, 2025 and the appointment was regularized by the shareholders at the Annual General Meeting held on 29th September, 2025. The Company has complied with the applicable provisions of SEBI Circular CIR/CFD/CMD1/114/2019 dated 18th



			October, 2019 in relation to such resignation and appointment.
<b>Other conditions relating to resignation shall include:</b>			
2.	<p>i) Reporting of concerns with respect to the listed entity/its material subsidiary to the Audit Committee:</p> <p>a. In case of any concern with the management of the listed entity/material subsidiary such as non-availability of information / non-cooperation by the management which may hamper the audit process, the auditor shall approach the Chairman of the Audit Committee of the listed entity and the Audit Committee shall receive such concern directly and immediately without specifically waiting for the quarterly Audit Committee meetings.</p> <p>b. In case the auditor proposes to resign, all concerns with respect to the proposed resignation, along with relevant documents shall be brought to the notice of the Audit Committee. In cases where the proposed resignation is due to non-receipt of information / explanation from the company, the auditor shall inform the Audit Committee of the details of information / explanation sought and not provided by the management, as applicable.</p> <p>c. On receipt of such information from the auditor relating to the proposal to resign as mentioned above, the Audit Committee / board of directors, as the case may be, shall deliberate on the matter and communicate its views to the management and the auditor.</p> <p>ii) Disclaimer in case of non-receipt of information:</p> <p>In case the listed entity/its material subsidiary does not provide information required by the auditor, to that extent, the auditor shall provide an appropriate disclaimer in the audit report, which may be in accordance with the Standards of Auditing as specified by ICAI/NFRA.</p>	NA	Based on the information and explanations provided by the management and records examined by us, no concerns relating to non-availability of information or non-cooperation by the management were reported by the resigning Statutory Auditors to the Audit Committee. Further, the resignation process was carried out in compliance with the applicable provisions of SEBI Circular CIR/CFD/CMD1/114/2019 dated 18th October, 2019.
3.	The listed entity / its material subsidiary has obtained information from the Auditor upon resignation, in the format as specified in Annexure- A in SEBI Circular CIR/CFD/CMD1/114/2019 dated 18th October, 2019.	NA	The listed entity has obtained the requisite information and resignation letter from the resigning Statutory Auditors in the format prescribed under Annexure-A of SEBI Circular CIR/CFD/CMD1/114/2019 dated 18th October, 2019 and the same was duly submitted to the Stock Exchanges.

**Assumptions & limitation of scope and review:**



**ANKUR SINGH & ASSOCIATES**

**Company Secretaries**

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1. Compliance of the applicable laws and ensuring the authenticity of documents and information furnished, are the responsibilities of the management of the listed entity.
2. My responsibility is to report based upon our examination of relevant documents and information. This is neither an audit nor an expression of opinion.
3. I have not verified the correctness and appropriateness of financial records and books of account of the listed entity.
4. This report is solely for the intended purpose of compliance in terms of Regulation 24A (2) of the SEBI (LODR) Regulations, 2015 and is neither an assurance as to the future viability of the listed entity nor of the efficacy or effectiveness with which the management has conducted the affairs of the listed entity.

**Date: 28.05.2026**

**Place: Delhi**

**UDIN: A060761H000519384**

**For Ankur Singh & Associates**

**(Company Secretaries)**

**FRN: S2022DE845000**

**Ankur Singh**

**(Proprietor)**

**C. P. No:22820**

**M. No.:A60761**