

**Date: 04<sup>th</sup> May, 2026**

To, Manager - Listing Compliance <b>National Stock Exchange of India Limited</b> 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL	To, Head of the Department, Department of Listing Operation, <b>BSE Limited</b> Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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**Subject: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Publication of Case Studies and Case Report.**

**Dear Sir/Madam,**

Pursuant to Regulation 30 of SEBI (LODR) Regulations, 2015, we wish to inform you that Seven (7) case studies and Two (2) case reports authored by medical professionals associated with Jeena Sikho Lifecare Limited, including our Managing Director, senior consultants, and Ayurvedic experts, have been published in the “*Journal of Applied Science and Education (JASE)*”.

These publications demonstrate the Company’s ongoing commitment to Ayurvedic research and evidence-based clinical practice. The details of the case studies are as follows:

S. No.	Type	Name	Link
1.	Case Study	Ayurvedic Management Approach in a Case of Chronic Kidney Disease Stage V (End-Stage Renal Disease): A Clinical Case Study	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/139">https://jase.a2zjournals.com/index.php/ase/article/view/139</a>
2.	Case Study	An Ayurvedic Approach in the Management of Gridhrasi (Sciatica)	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/140">https://jase.a2zjournals.com/index.php/ase/article/view/140</a>
3.	Case Report	An Ayurvedic Approach in the Management of Sandhigata Vata (Osteoarthritis)	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/141">https://jase.a2zjournals.com/index.php/ase/article/view/141</a>
4.	Case Study	Transformative Healing of Vrikka vikar in a Child through Ayurvedic Treatment: A Case Study	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/142">https://jase.a2zjournals.com/index.php/ase/article/view/142</a>
5.	Case Study	Integrative Ayurvedic Approach in the Management of Acute Kidney Disease	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/143">https://jase.a2zjournals.com/index.php/ase/article/view/143</a>

**JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
Email ID.: cs@jeenasikho.com | www.jeenasikho.com

6.	Case Study	Integrative Ayurvedic Management of Chronic Kidney Disease with Type 2 Dia-betes and Hypertension: A Case Study	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/144">https://jase.a2zjournals.com/index.php/ase/article/view/144</a>
7.	Case Report	Integrative Approach to Mutravaha Srotas Dushti in Vrikka Vikara: A Case Report on Chronic Kidney Disease	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/145">https://jase.a2zjournals.com/index.php/ase/article/view/145</a>
8.	Case Study	Role of Ayurvedic Shamana chikitsa and Panchakarma therapies in the management of Liver cirrhosis with special reference to Yakritdalyodara	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/146">https://jase.a2zjournals.com/index.php/ase/article/view/146</a>
9.	Case Study	Vrikka Roga Samprapti And Chikitsa: An Ayurvedic Perspective On CKD With Prameha And Raktagata Vata	<a href="https://jase.a2zjournals.com/index.php/ase/article/view/147">https://jase.a2zjournals.com/index.php/ase/article/view/147</a>

Links of all the articles and case studies are enclosed for your records.

The above information is also available on the Company's website at [www.jeenasikho.com](http://www.jeenasikho.com)

This is for your kind information and record.

**Thanking you,  
Yours faithfully,**

**For Jeena Sikho Lifecare Limited**

**Manish Grover  
Managing Director  
DIN: 07557886**

**Place: Zirakpur, Punjab  
Date: 04.05.2026**

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