

Date: 23rd February, 2026

<p>To, Manager - Listing Compliance National Stock Exchange of India Limited 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSLL</p>	<p>To, Head of the Department, Department of Listing Operation, BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476</p>
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Subject: Intimation under Regulation 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015 – Publication of Case Studies and Case Report.

Dear Sir/Madam,

Pursuant to Regulation 30 of SEBI (LODR) Regulations, 2015, we wish to inform you that five (5) case studies and one case report authored by medical professionals associated with Jeena Sikho Lifecare Limited, including our Managing Director, senior consultants, and Ayurvedic experts, have been published in the “*International Journal of Advanced Research (IJAR)*” and the “*Journal of Ayurveda and Integrated Medical Sciences (JAIMS)*”.

These publications demonstrate the Company’s ongoing commitment to Ayurvedic research and evidence-based clinical practice. The details of the case studies and reports are as follows:

S. No.	Type	Name	Link
1.	Case Study	Effect Of Nidana Parivarjana, Dietary Regulation, And Ayurvedic Therapeutics In Fatty Liver With Associated Dyslipidemia	https://www.journalijar.com/article/58528/effect-of-nidana-parivarjana,-dietary-regulation,-and-ayurvedic-therapeutics-in-fatty-liver-with-associated-dyslipidemia/
2.	Case Study	Effectiveness Of Shodhana And Shamana Therapies In Udar Vikar: Insights From A Case Study	https://www.journalijar.com/article/58533/effectiveness-of-shodhana-and-shamana-therapies-in-udar-vikar:-insights-from-a-case-study/
3.	Case Report	A Case Report on Reversing Chronic Kidney Disease through Ayurvedic Interventions	https://jaims.in/jaims/article/view/6051
4.	Case Study	Ayurvedic Methods to Revert Type 2 Diabetes Mellitus: A Case Study Relating to Madhumeha a type of Vataja Prameha	https://jaims.in/jaims/article/view/6047

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762- 513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID.: cs@jeenasikho.com | www.jeenasikho.com

5.	Case Study	Therapeutic Role of Ayurveda in Chronic Liver Disease: Clinical and Biochemical Outcomes from a Single Case Study	https://jaims.in/jaims/article/view/6050
6.	Case Study	Efficacy of Ayurvedic Management in Diabetes Mellitus Type II – A Case Study	https://jaims.in/jaims/article/view/6048

Links of all the case studies and reports are enclosed for your records.

The above information is also available on the Company's website at www.jeenasikho.com

This is for your kind information and record.

**Thanking you,
Yours faithfully,**

For Jeena Sikho Lifecare Limited

**Manish Grover
Managing Director
DIN: 07557886**

**Place: Zirakpur, Punjab
Date: 23.02.2026**

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