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General information about company		
Scrip code	544476	Enter the quarter ended date only
NSE Symbol	JSLL	
MSEI Symbol	NOTLISTED	
ISIN	INE0J5801029	
Name of the entity	JEENA SIKHO LIFECARE LIMITED	
Date of start of financial year	01-04-2025	
Date of end of financial year	31-03-2026	
Reporting Quarter Type	Quarterly	
Date of Quarter Ending	31-12-2025	
Type of company	Equity	
Whether Annexure I (Part A) of the SEBI Circular dated December 31, 2024 related to Compliance Report on Corporate Governance is applicable to the entity?	Yes	
Whether Annexure I (Part B) of the SEBI Circular dated December 31, 2024 related to Investor Grievance Redressal Report is Applicable to the entity?	Yes	
Whether Annexure I (Part C) of the SEBI Circular dated December 31, 2024 related to Disclosure of Acquisition of Shares or Voting Rights in Unlisted Companies is Applicable to the entity?	No	<input type="button" value="Add Notes"/>
Whether Annexure I (Part D) of the SEBI Circular dated December 31, 2024 related to Disclosure of Imposition of Fine or Penalty is Applicable to the entity?	Yes	
Whether Annexure I (Part E) of the SEBI Circular dated December 31, 2024 related to Disclosure of Updates to Ongoing Tax Litigations or Disputes is Applicable to the entity?	Yes	
Risk management committee	Applicable	
Market Capitalisation as per immediate previous Financial Year	Top 1000 listed entities	
Is SCORE ID Available ?	Yes	
SCORE Registration ID	COMJ00394	
Reason For No SCORE ID		
Type of Submission	Original	
Remarks (website dissemination)	<input type="button" value="Add Notes"/>	
Remarks for Exchange (not for Website Dissemination)	<input type="button" value="Add Notes"/>	

<<< Notes mandatory, if Not Applicable

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Annexure I

Annexure I to be submitted by listed entity on quarterly basis

I. Composition of Board of Directors

Disclosure of notes on composition of board of directors explanatory		Add																									
Whether the listed entity has a Regular Chairperson		Yes																									
Whether Chairperson is related to MD or CEO		Yes		Disqualification of Directors under section 164 of the Companies Act, 2013																							
Sr	Title (Mr / Ms)	Name of the Director	PAN	DIN	Category 1 of directors	Category 2 of directors	Category 3 of directors	Date of Birth	Whether the director is disqualified?	Start Date of disqualification	End Date of disqualification	Details of disqualification	Current status	Whether special resolution passed? [Refer Reg. 17(1A) of Listing Regulations]	Date of passing special resolution	Initial Date of appointment	Date of Re-appointment	Date of cessation	Tenure of director (in months)	No of Directorship in listed entities including this listed entity (Refer Regulation 17A of Listing Regulations)	No of Independent Directorship in listed entities including this listed entity [with reference to proviso to regulation 17A(1) & reg. 17A(2)]	Number of memberships in Audit/ Stakeholder Committee(s) including this listed entity (Refer Regulation 26(1) of Listing Regulations)	No of post of Chairperson in Audit/ Stakeholder Committee held in listed entities including this listed entity (Refer Regulation 26(1) of Listing Regulations)	Reason for Cessation	Notes for not providing PAN	Notes for not providing DIN	
1	Mr	MANISH GROVER	AEMPG5409B	07557886	Executive Director	Chairperson	MD	06-05-1974	No				Active	NA		25-08-2021					1	0	2	0			
2	Mrs	BHAVNA GROVER	AFKPG3674H	07557913	Executive Director	Not Applicable		05-06-1975	No				Active	NA		25-08-2021					1	0	1	0			
3	Ms	SHREYA GROVER	DIYPG5607N	09199495	Executive Director	Not Applicable		02-07-2001	No				Active	NA		12-06-2021					1	0	0	0			
4	Mr	KARAN VIR BINDRA	BOUPB3582F	09283623	Non-Executive - Independent Director	Not Applicable		27-09-1987	No				Active	NA		25-08-2021			52.06		2	2	3	1			
5	Mr	CHANDAN KUMAR KAUSHAL	ADJPK4711A	10515819	Non-Executive - Independent Director	Not Applicable		10-08-1961	No				Active	NA		29-04-2024			20.02		1	1	1	1			
6	Ms	PRIYANKA BANSAL	ASEPP5307P	09051665	Non-Executive - Independent Director	Not Applicable		01-12-1986	No				Active	NA		21-04-2025			8.10		1	1	1	1			

Annexure 1

II. Composition of Committees

Disclosure of notes on composition of committees explanatory

Add Notes

For this quarter kindly note the following points:

1. Date of Appointment and Date of Cessation (if applicable) must be mandatorily filled for every Committee.
2. Date of Appointment can be any day upto September 30, 2022.
3. Date of Cessation must be for the current quarter only, i.e. July 1,2022 to September 30,2022

Note: Please enter DIN. After entering DIN, Name of Committee members and Category 1 of Directors shall be pre-filled automatically

Audit Committee Details

Whether the Audit Committee has a Regular Chairperson					Yes		
Sr	DIN Number	Name of Committee members	Category 1 of directors	Category 2 of directors	Date of Appointment	Date of Cessation	Remarks
1	09051665	PRIYANKA BANSAL	Non-Executive - Independent Director	Chairperson	06-10-2025		
2	09283623	KARAN VIR BINDRA	Non-Executive - Independent Director	Member	03-09-2021		
3	07557886	MANISH GROVER	Executive Director	Member	03-09-2021		
4							
5							
6							
7							
8							
9							
10							

Note: Please enter DIN. After entering DIN, Name of Committee members and Category 1 of Directors shall be pre-filled automatically

Nomination and remuneration committee

Whether the Nomination and remuneration committee has a Regular Chairperson					Yes		
Sr	DIN Number	Name of Committee members	Category 1 of directors	Category 2 of directors	Date of Appointment	Date of Cessation	Remarks
1	09283623	KARAN VIR BINDRA	Non-Executive - Independent Director	Chairperson	03-09-2021		
2	10515819	CHANDAN KUMAR KAUSHAL	Non-Executive - Independent Director	Member	29-04-2024		
3	09051665	PRIYANKA BANSAL	Non-Executive - Independent Director	Member	27-08-2025		
4							
5							
6							
7							
8							
9							
10							

Note: Please enter DIN. After entering DIN, Name of Committee members and Category 1 of Directors shall be pre-filled automatically

Stakeholders Relationship Committee

Whether the Stakeholders Relationship Committee has a Regular Chairperson					Yes		
Sr	DIN Number	Name of Committee members	Category 1 of directors	Category 2 of directors	Date of Appointment	Date of Cessation	Remarks
1	10515819	CHANDAN KUMAR KAUSHAL	Non-Executive - Independent Director	Chairperson	29-04-2024		
2	07557913	BHAVNA GROVER	Executive Director	Member	03-09-2021		
3	07557886	MANISH GROVER	Executive Director	Member	03-09-2021		
4							
5							
6							
7							
8							
9							
10							

Risk Management Committee							
Whether the Risk Management Committee has a Regular Chairperson					Yes		
Sr	DIN Number	Name of Committee members	Category 1 of directors	Category 2 of directors	Date of Appointment	Date of Cessation	Remarks
1	07557886	MANISH GROVER	Executive Director	Chairperson	16-05-2025		
2	07557913	BHAVNA GROVER	Executive Director	Member	16-05-2025		
3	09051665	PRIYANKA BANSAL	Non-Executive - Independent Director	Member	16-05-2025		
4							
5							
6							
7							
8							
9							
10							

Note: Please enter DIN. After entering DIN, Name of Committee members and Category 1 of Directors shall be prefilled automatically

Corporate Social Responsibility Committee							
Whether the Corporate Social Responsibility Committee has a Regular Chairperson					Yes		
Sr	DIN Number	Name of Committee members	Category 1 of directors	Category 2 of directors	Date of Appointment	Date of Cessation	Remarks
1	09283623	KARAN VIR BINDRA	Non-Executive - Independent Director	Chairperson	03-09-2021		
2	07557913	BHAVNA GROVER	Executive Director	Member	03-09-2021		
3	07557886	MANISH GROVER	Executive Director	Member	03-09-2021		
4							
5							
6							
7							
8							
9							
10							

Other Committee						
Sr	DIN Number	Name of Committee members	Name of other committee	Category 1 of directors	Category 2 of directors	Remarks
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

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Disclosure of notes on meeting of board of directors explanatory

[Add Notes](#)

Sr. No.	Date(s) of meeting (Enter dates of Previous quarter and Current quarter in chronological order)	Maximum gap between any two consecutive (in number of days)	Notes for not providing Date	Whether requirement of Quorum met (Yes/No)	Total Number of Directors as on date of the meeting	Number of Directors present* (All directors including Independent Director)	No. of Independent Directors attending the meeting*
	Add	Delete					
1	28-07-2025			Yes	6	6	3
2	04-08-2025	6		Yes	6	6	3
3	14-08-2025	9		Yes	6	6	3
4	27-08-2025	12		Yes	6	6	3
5	06-10-2025	39		Yes	6	6	3
6	13-10-2025	6		Yes	6	6	3
7	06-11-2025	23		Yes	6	6	3
8	01-12-2025	24		Yes	6	6	3
9	23-12-2025	21		Yes	6	6	3

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* to be filled in only for the current quarter meetings

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Annexure 1

IV. Meeting of Committees

Disclosure of notes on meeting of committees explanatory

[Add Notes](#)

Sr	Name of Committee	Date(s) of meeting (Enter dates of Previous quarter and Current quarter in chronological order)	Maximum gap between any two consecutive (in number of days)	Name of other committee	Reason for not providing date	Whether requirement of Quorum met (Yes/No)	Total Number of Directors in the Committee as on date of the meeting	Number of Directors Present (All Directors including Independent Director)	No. of Independent Directors attending the meeting*	No. of members attending the meeting (other than Board of Directors)
Add Delete										
1	Audit Committee	14-08-2025				Yes	3	3	2	0
2	Audit Committee	27-08-2025	12			Yes	3	3	2	0
3	Audit Committee	06-10-2025	39			Yes	3	3	2	0
4	Audit Committee	06-11-2025	30			Yes	3	3	2	0
5	Audit Committee	23-12-2025	46			Yes	3	3	2	0
6	Nomination and remuneration committee	04-08-2025				Yes	3	3	3	0
7	Nomination and remuneration committee	27-08-2025	22			Yes	3	3	3	0
8	Nomination and remuneration committee	01-10-2025	34			Yes	3	3	3	0
9	Stakeholders Relationship Committee	01-10-2025				Yes	3	3	1	0
10	Risk Management Committee	06-11-2025	35			Yes	3	3	1	0
11	Corporate Social Responsibility Committee	16-05-2025				Yes	3	3	1	0

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* to be filled in only for the current quarter meetings

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Sr	Subject	Compliance status (Yes/No)
1	The composition of Board of Directors is in terms of SEBI (Listing obligations and disclosure requirements) Regulations, 2015	Yes
2	The composition of the following committees is in terms of SEBI(Listing obligations and disclosure requirements) Regulations, 2015 a. Audit Committee	Yes
3	The composition of the following committees is in terms of SEBI(Listing obligations and disclosure requirements) Regulations, 2015. b. Nomination & remuneration committee	Yes
4	The composition of the following committees is in terms of SEBI(Listing obligations and disclosure requirements) Regulations, 2015. c. Stakeholders relationship committee	Yes
5	The composition of the following committees is in terms of SEBI(Listing obligations and disclosure requirements) Regulations, 2015. d. Risk management committee (applicable to the top 1000 listed entities)	Yes
6	The committee members have been made aware of their powers, role and responsibilities as specified in SEBI (Listing obligations and disclosure requirements) Regulations, 2015.	Yes
7	The meetings of the board of directors and the above committees have been conducted in the manner as specified in SEBI (Listing obligations and disclosure requirements) Regulations, 2015.	Yes
8	This report and/or the report submitted in the previous quarter has been placed before Board of Directors.	Yes
9	Any comments/observations/advice of Board of Directors may be mentioned here:	Add Notes

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Sr	Subject	Compliance status
1	Name of signatory	Smita Chaturvedi
2	Designation	Company Secretary and

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Details of Cyber security incidence

Whether as per Regulation 27(2)(ba) of SEBI (LODR) Regulations, 2015 there has been cyber security incidents or breaches or loss of data or documents during the quarter

No

Other details of cyber security incidence or breaches or loss of data event

[Add Notes](#)

Number of cyber security incidence or breaches or loss of data event occurred during the quarter

Sr.

Date of the event

Brief details of the event

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Signatory Details

Name of signatory	SMITA CHATURVEDI
Designation of person	Company Secretary and Compliance Officer
Place	ZIRAKPUR PUNJAB
Date	17-01-2026

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Investor Grievance Details

No. of investor complaints pending at the beginning of Quarter	0
No. of investor complaints received during the Quarter	0
No. of investor complaints disposed off during the Quarter	0
No. of investor complaints those remaining unresolved at the end of the Quarter	0

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Any Other Information for Disclosure of Imposition of Fine or Penalty

[Add Notes](#)

Sr. No.	Name of the authority	Nature and details of the action(s) taken or order(s) passed	Date of receipt of direction or order, including any ad interim or interim orders, or any other communication from the authority	Details of the violation(s)/ contravention(s) committed or alleged to be committed	Impact on financial, operation or other activities of the listed entity, quantifiable in monetary terms to the extent possible
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[Add](#)[Delete](#)

1	National Stock Exchange of India Limited	finer for non-compliance under Regulation 29(2)/29(3) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015	31-12-2025	finer for non-compliance under Regulation 29(2)/29(3) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015	The fine was paid in due course, it doesn't have any significant impact on the financial, Operation or other activities of the listed entity.
2	BSE LIMITED	finer for non-compliance under Regulation 29(2)/29(3) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015	15-12-2025	finer for non-compliance under Regulation 29(2)/29(3) of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015	The fine was paid in due course, it doesn't have any significant impact on the financial, Operation or other activities of the listed entity.

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The updates on tax litigations or disputes in terms of sub-para 8 of para B of Part A of Schedule III read with corresponding provisions of Annexure 18 of the Master Circular are given below:

Any Other Information for Disclosure of Updates to Ongoing Tax Litigations or Disputes

[Add Notes](#)

Sr. No.	Name of the opposing party	Date of initiation of the litigation / dispute	Status of the litigation / dispute as per last disclosure	Current status of the litigation / dispute
	Add	Delete		
1	Directorate General of GST Intelligence (GST Department)	13-04-2018	Search conducted by DGGI on 13.04.2018 adjudication proceedings were pending	An order has been passed under Section 74(9) of the CGST Act, 2017, raising a demand of ₹507.99 lakhs (including penalty of ₹253.99 lakhs). The Company has disputed the said demand and filed a writ petition before the Hon'ble High Court of Punjab and Haryana on 03.11.2025. The Hon'ble High Court was pleased to dispose of the writ petition with a direction to the Company to avail the statutory remedy of appeal and granted liberty to file an appeal before the competent appellate authority. However, the Company was unable to file the appeal within the prescribed time due to a clerical/system error apparent on the face of the record. The Company is in the process of filing an appropriate rectification application before the concerned authority. That it is respectfully submitted that the limitation period for filing the statutory appeals shall commence from the date of passing of the rectification orders, as the present error is purely technical and beyond the control of the petitioner company.