

Date:06.11.2025

To,
Manager - Listing Compliance
National Stock Exchange of India
Limited 'Exchange Plaza'. C-1, Block
G,
Bandra Kurla Complex, Bandra (E),
Mumbai - 400 051
Symbol- JSLL

To,
Head of the Department,
Department of Listing
Operation,
BSE Limited
Phiroze Jeejeebhoy Towers,
Dalal Street, Mumbai 400001
Scrip Code- 544476

Sub: Investor Presentation under Regulation 30 read with Para A of Part A of Schedule III of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Dear Sir / Madam,

In continuation of our earlier communication dated November 05, 2025, regarding the schedule of the conference call (Group Conference call) to discuss the financial performance of the Company for the Q2 (FY 2025-26), please find enclosed the **Investor Presentation** of the Company for the Q2 (FY 2025-26) pursuant to Regulation 30 of the SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015.

This presentation is being used during meeting with investors scheduled on November 07, 2025.

You are requested to take the above information on records and disseminate the same on your website.

The Investor Presentation is also being disseminated on Company's website at www.jeenasikho.com.

Thanking You,

Yours Faithfully,

For and on behalf of Jeena Sikho Lifecare Limited

Manish Grover

Managing Director

DIN: 07557886

Place: Zirakpur, Punjab

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
Email ID: cs@jeenasikho.com | www.jeenasikho.com



Dr. Abhishek
Founder (AFI)

Prof. Ish Sharma
MD, Ph.D Ayurveda

Acharya Manish Ji
Naturopathy & Diet
Expert

Dr. BRC
Ph.D, Diabetes

Dr. Neha Sharma
BAMS/ACLS, Autism

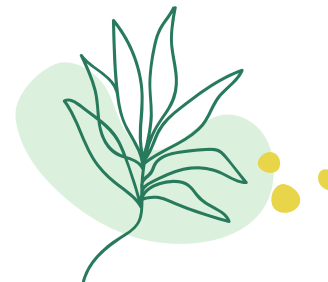


Empowering Holistic Health & Wellness

Jeena Sikho Lifecare Limited

Jeena Sikho

Shuddhi
AYURVEDA CLINICS & HOSPITALS



120+ Ayurveda Clinics & Hospitals | Freedom from 2D: Diseases & Drugs

Investor Presentation

Q2FY26 | November 2025





Table of *Contents*

01

Quarterly Performance
Highlights

**Key Financial Milestones
and Insights**

02

Introduction
to JSLL

**Company Overview and
Strategic Foundation**

03

Unique Business Model
Positioning

**Differentiated Market Approach
and Competitive Advantage**

04

Breadth of
Operations

Reach of Our Operations

05

Way Forward

**Vision, Strategy, and
Roadmap**

06

Annual Financial Highlights

**Key Financial Milestones
and Insights**



01

Quarterly

Performance Highlights

Q2FY26 *Performance Highlights*

Revenue from Operations

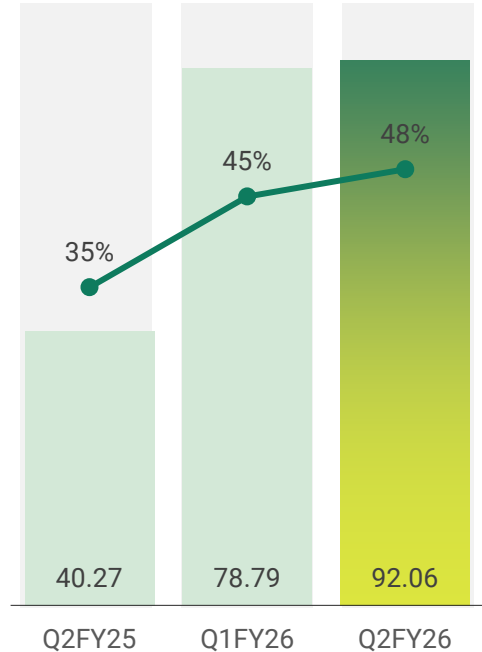
(In ₹ Crore)

▲ 9% QoQ change
▲ 66% YoY change



EBITDA & EBITDA Margin

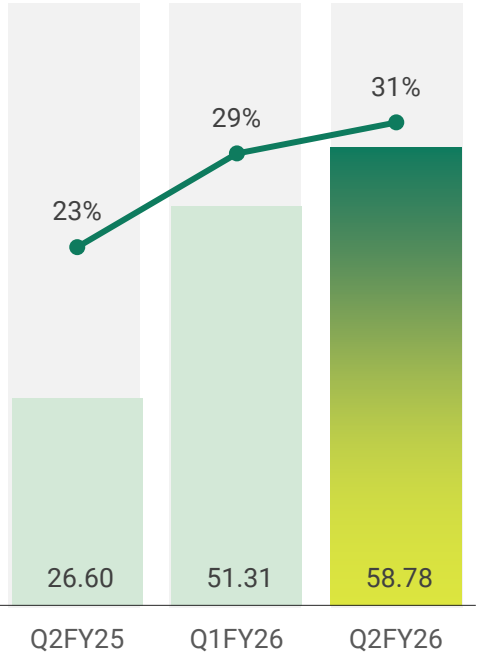
(In ₹ Crore & %)



PAT & PAT Margin

(In ₹ Crore & %)

▲ 15% QoQ change
▲ 121% YoY change



Revenue-Mix

(In ₹ Crore)



Q2FY26 *Income Statement*



(In ₹ Lakhs)

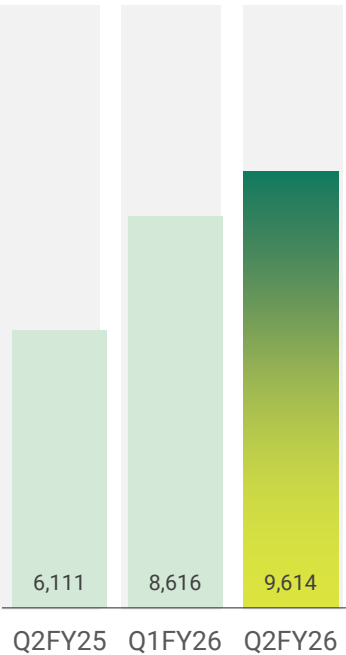
PARTICULARS	Q2FY25	Q1FY26	Q2FY26	YoY CHANGE (%)	QoQ CHANGE (%)
REVENUE FROM OPERATIONS	11,409	17,429	18,985	66%	9%
GROSS PROFIT	10,330	15,595	16,576	60%	6%
GROSS PROFIT MARGIN (%)	91%	89%	87%	-323 BPS	-217 BPS
OPERATING EXPENSES	6,303	7,716	7,370	17%	-4%
EBITDA	4,027	7,879	9,206	129%	17%
EBITDA MARGIN (%)	35%	45%	48%	1,319 BPS	329 BPS
DEPRECIATION & AMORTISATION	625	965	1,040	66%	8%
EBIT	3,402	6,914	8,166	140%	18%
FINANCE COST	207	166	435	110%	162%
OTHER INCOME	345	107	144	-58%	35%
PROFIT BEFORE TAXES	3,540	6,855	7,876	122%	15%
TAXES	880	1,724	1,998	127%	16%
PROFIT AFTER TAXES	2,660	5,131	5,878	121%	15%
PROFIT AFTER TAXES MARGIN (%)	23%	29%	31%	810 BPS	147 BPS
BASIC EARNINGS PER SHARE (₹)	2.14	4.13	4.73	121%	15%

Note: Post migration to mainboard the Company has shifted to Ind AS Accounting Standards

Q2FY26 *Operating Metrics*

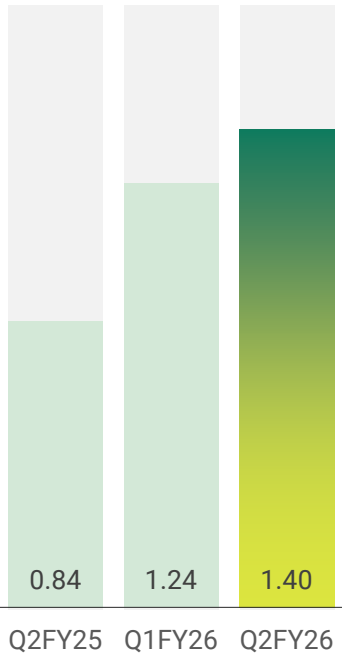
IPD Patient Volumes (#)

▲ 12% ▲ 57%
QoQ change YoY change



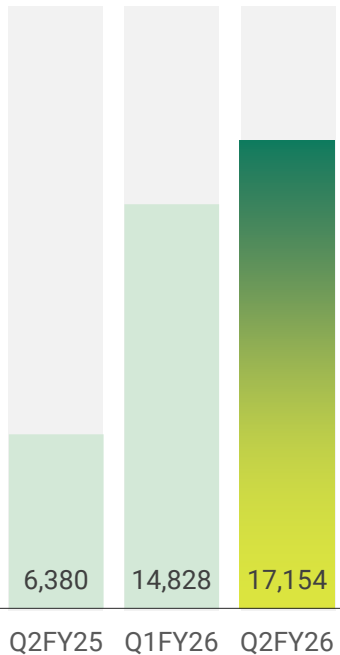
OPD Patient Volumes (# Lakhs)

▲ 13% ▲ 67%
QoQ change YoY change



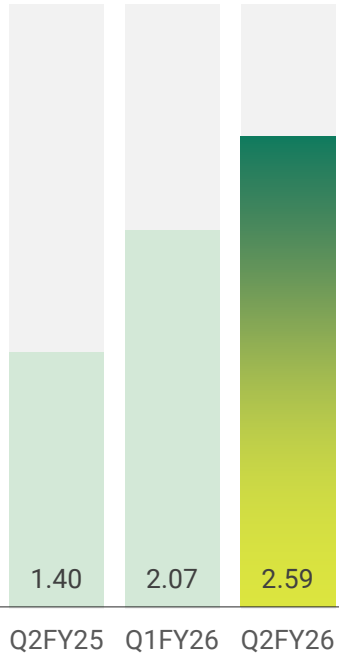
Day Care Volumes (#)

▲ 16% ▲ 169%
QoQ change YoY change



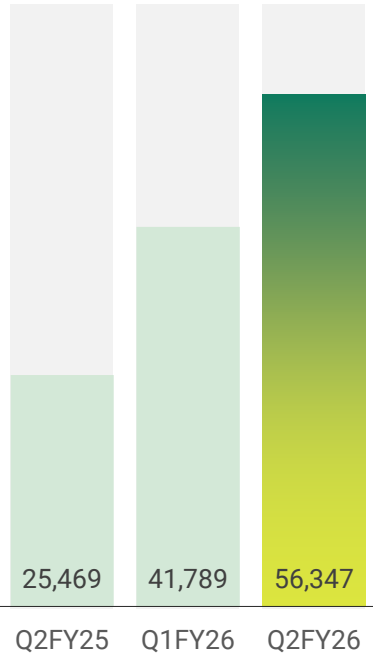
OPD, COD & VC Patients (# Lakhs)

▲ 25% ▲ 85%
QoQ change YoY change



Video-Call Consultations (#)

▲ 35% ▲ 121%
QoQ change YoY change



Management Commentary



Jeena Sikho continued to maintain strong business momentum during the first half of the financial year. The Company reported a 66% year-on-year revenue growth in Q2, along with a 9% sequential increase, reflecting sustained operational efficiency and disciplined execution. This performance underscores the resilience of our business model, supported by strategic initiatives and consistent operational excellence, resulting in robust growth for H1 FY26 as compared to the previous financial year.

The Company's growth trajectory continues to be propelled by strong patient volume expansion. Both the IPD and OPD segments registered robust increases of 57% YoY and 67% YoY, respectively. Additionally, our Day Care division delivered encouraging performance, underscoring the growing trust and preference of patients across our key markets.

This strong operational performance has translated into healthy profitability. EBITDA and Net Profit continued to strengthen, with EBITDA margins for the quarter at 48%, marking an improvement over 35% in Q2FY25 and 45% in Q1FY26.

Our expansion initiatives remained on track during the quarter, with three new hospitals becoming operational, taking the total operational bed capacity to over 2,220 beds. In addition, approximately 400 beds are currently under development across five facilities. Enhanced utilization of the existing capacity has further improved operational efficiency and contributed positively to margin expansion.

Acharya Manish Ji

MANAGING DIRECTOR

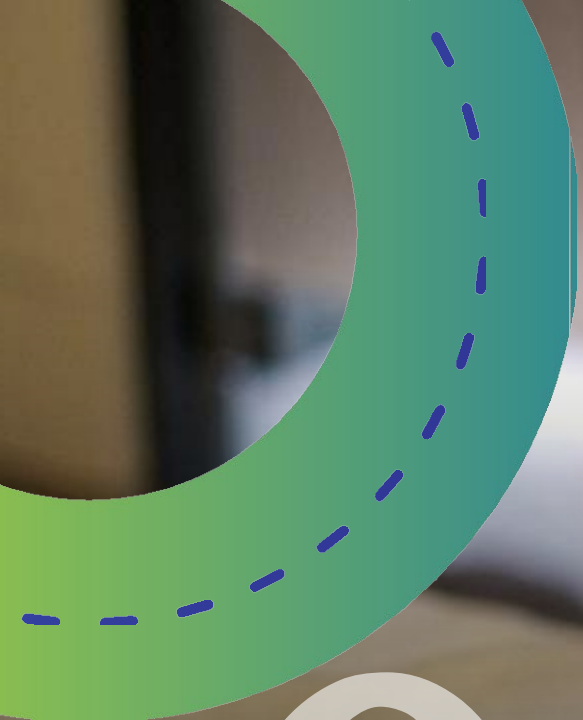
As communicated in earlier quarters, our strategic focus has increasingly shifted toward the private business segment, which offers superior margins compared to the Government Panel segment. This favourable shift in business mix, which continued during Q2, is expected to further strengthen profitability and improve our overall cash-conversion cycle.

The OTC and Medicines division continues to deliver strong performance, supported by the launch of new products such as Dr. BP Care DS, Dr. Kidney Care DS, Dr. Madhu Care DS, Dr. Liver DS, and Dr. Sukoon DS. These products have been well received in the market, driving consistent growth in product revenues. We have an additional six product launches planned for the remainder of the year, underscoring our continued commitment to innovation and category expansion.

Jeena Sikho has further strengthened its technology infrastructure and operational workflows through a strategic partnership with Salesforce, a globally recognized leader in cloud-based enterprise solutions. This collaboration is a key enabler of our digital transformation journey in Ayurvedic healthcare and is expected to significantly elevate the quality of patient care. Leveraging Salesforce's AI-driven capabilities, we aim to enhance operational efficiency, optimize patient engagement, and broaden access to holistic healthcare across our digital platforms.

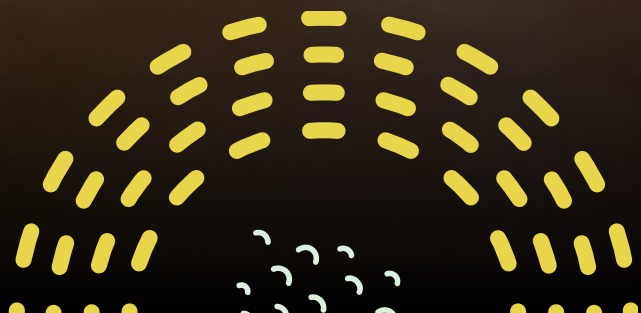
In conclusion, Jeena Sikho remains firmly positioned to sustain its strong growth trajectory. Our ongoing initiatives—including capacity expansion, operational excellence measures, and a differentiated product portfolio—continue to reinforce our confidence in delivering consistent growth and long-term value for all stakeholders.





02

Introduction to
Jeena Sikho
Lifecare





An emerging health crises:

Modern healthcare, while advancing rapidly, often brings unintended side effects that can compromise overall well-being. Despite significant investments of time, resources, and trust, many individuals continue to experience persistent health issues and increasing dependency on medications. Environmental factors such as contaminated water, adulterated food, and reduced connection with nature further contributes to a gradual decline in health.

Quick symptomatic treatments frequently address only the surface of these problems, providing temporary relief rather than lasting solutions. This cycle of dependency underscores the need for a more holistic approach.



A leap towards true healing:

After years of research and demonstrable outcomes, Acharya Manish Ji advocates for Ayurveda as a principal healthcare approach. Rooted in ancient wisdom and supported by real-world results, Ayurveda emphasizes balance of body, mind, and spirit, aiming to address the root cause of illness rather than merely suppressing symptoms.

Through gentle, non-invasive therapies, Ayurveda offers a path to sustainable health, even for chronic health conditions. Embracing these principles enable individuals to reduce dependency on pharmaceuticals and move towards a healthier, more balanced life.

Introduction to *Jeena Sikho Lifecare*

India's Leading ayurveda healthcare service provider



58

Operational hospitals



2,220

Beds operational



582 Beds

Recently Added



100+

Cities & towns covered

59

Operational clinics & day CARE CENTRES

400

Beds in pipeline

23

States covered

330+

SKUs in Ayurveda medicine & product portfolio



47%

3Y Top line CAGR^ - One of the fastest growing healthcare enterprise



NSE

Listed on NSE since April 2022



71%

ROCE* - Capital-light business model

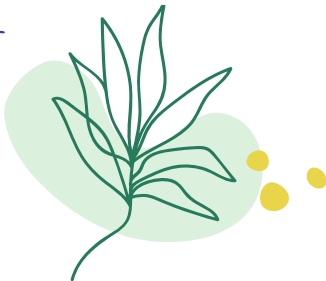


Migrated

Migrated to NSE & BSE mainboard in August 2025

*3Y Average ROCE | ^3Y CAGR (FY22-25)

Journey so far

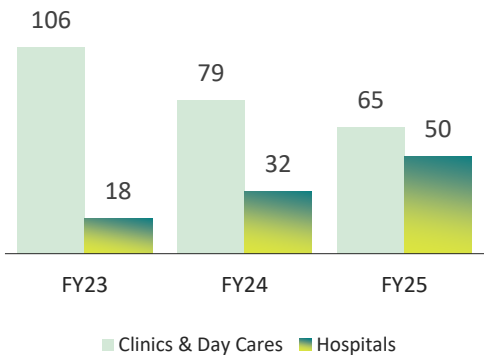


An idea is born

2009

The idea of **Jeena Sikho** was born

Active Hospitals and Clinics & Day Cares (#)



Initial products & medicines business commences

2009

Commenced ayurveda medicine & product sales



Holistic health care services added to the fold

2013

Established **first ayurveda health care centre** in Chandigarh

2017

Jeena Sikho Lifecare was incorporated as a company

2018

Developed the **Shuddhi Project** to setup dedicated ayurveda health care centres

2020

Inaugurated **Derabassi centre – Jeena Sikho Panchakarma Hospital**

2021

Surpassed **50 operational centres** across the country

Raised growth capital to expand in both verticals

2022

Successfully raised **₹55.5 Cr** from IPO

2023

Opened centres in **Lucknow, Jaipur, Navi Mumbai** among **20 other small-mid centre** across the country

2024

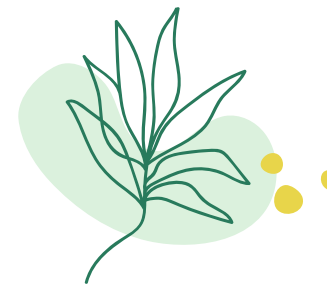
Achieved landmark revenue of **₹324 Cr**

2025

Surpassed **1,600 operational bed capacity** with newly added 573 beds, across total 77 units



About the *founder*



Acharya Manish Ji: Reviving a Nation Through Ayurveda

Fueled by a powerful vision of a Disease-Free, Drug-Free Bharat, Acharya Manish Ji's unwavering faith in Ayurveda took root and flourished. Through years of in-depth research in Ayurveda and Naturopathy, he uncovered what ancient sages always knew — true healing lies in nature, not in chemicals.

Recognizing Ayurveda's ability to treat chronic and critical illness without harmful side effects, he pioneered the revolutionary Golden Therapy — a transformative treatment now bringing hope to countless people. Now people have the advantage to pursue good health, a peaceful mind and a nurtured soul, all at once.

More than just treatment, Acharya Ji advocates a national awakening: a Bharat where every individual becomes their own healer. His mantra, "अपना डॉक्टर खुद बनो", isn't just a slogan — it's a call to reclaim our health, root, and inner wisdom.

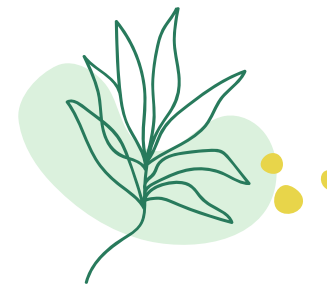
Extensive Experience and Mastery

Driven by a passion for natural healing, Acharya Manish Ji has dedicated his life in making ancient Ayurvedic wisdom accessible and practical for modern living. Through Jeena Sikho Lifecare, he has built a nationwide network of wellness centers and clinics, offering personalized care that address the root cause of disease. His educational initiative-ranging from television programmes to social media content and community health camps-have empowered lakhs of people to take charge of their health using Ayurveda's principles of detoxification, rejuvenation, and balance.

Societal Impact

Acharya Manish Ji envisions a world where holistic health is not a privilege but a universal right. He is committed in breaking down barriers to Ayurvedic care, expanding its reach both across India and globally. His mission centers on transforming healthcare by combining ancient wisdom with innovative approach, ensuring that every individual can experience the benefit of natural healing. Through relentless advocacy, quality-driven practice, and a focus on education, Acharya Manish Ji continues to inspire a healthier, more balanced society.

Meet the *JSL* Team



Dr. Abhishek
Founder (AFI)

Prof. Ish Sharma
MD, Ph.D Ayurveda

Acharya Manish Ji
Naturopathy & Diet
Expert

Dr. BRC
Ph.D, Diabetes

Dr. Neha Sharma
BAMS/ACLS, Autism



Guiding Force behind Jeena Sikho



*Mr. Manish
Grover*

Managing Director



*Ms. Bhavna
Grover*

Whole Time Director

*Ms. Shreya
Grover*

Whole Time Director

*Mr. Karanvir
Singh Bindra*

Independent
Director

*Mr. Chandan
Kumar Kaushal*

Independent Director

*Ms. Priyanka
Bansal*

Independent Director

*Mr. Sabil
Jain*

Chief Operating Officer

*Mr. Nanak
Chand*

Chief Financial Officer

*Ms. Smita
Chaturvedi*

Company Secretary

*Mr. Gaurav
Mohan Garg*

Business
Development Head

*Dr. Ish
Sharma*

Head-Training
Doctor

*Dr. Avira
Gautam*

Senior Doctor

*Ms. Akansha
Jain*

HR Head

*Mr. Mukesh
Grover*

Administration Head

*Mr. Ishan
Goel*

Marketing Head
– Social Media

*Dr. Neha
Sharma*

Doctor & VOPD
Head

*Ms. Namrta
Chaudhary*

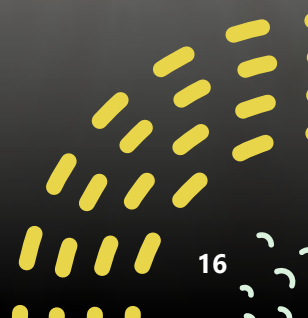
Client Support
Centre Head



03

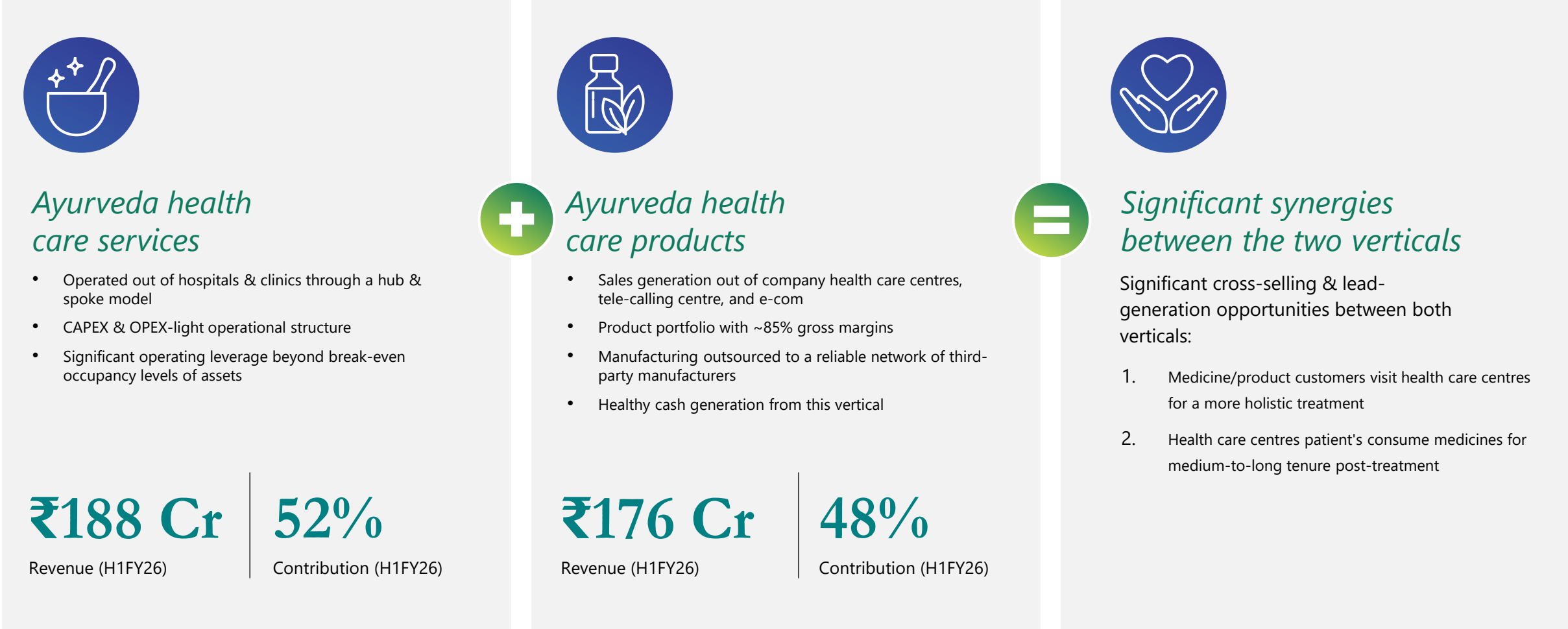
Unique Business

Model Positioning



Superior *Business Model Positioning*

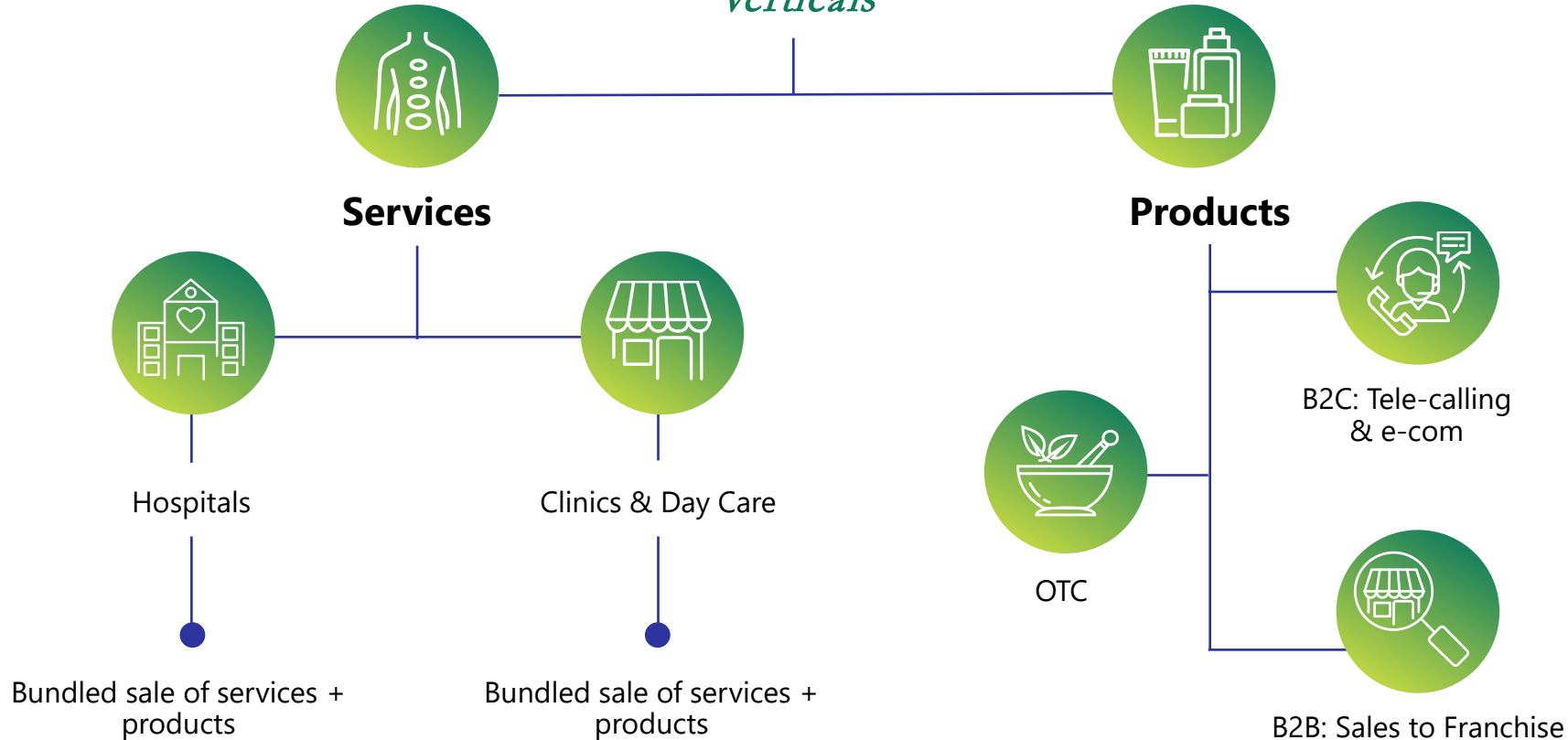
A unique combination of product & service revenue stream



JSSL's *Business Structure*



JSSL's Business Verticals



Unique business model

1. To benefit from significant operating leverage of services vertical
2. Well-supported by healthy cash-generation from high-margin products vertical
3. Significant cross-selling & synergies between both the verticals

JSSL's *Unique Capital-light Approach*



Low CAPEX per bed

- Setup cost of ₹3-4 lakh per bed (a typical 100 bed facility)
- Setup at custom-made leased facilities
- Limited investments in panchakarma bed & equipments



Mix of own & franchise assets

- 35/117 facilities are under franchisees: typically, clinics & day care are operated by franchisees
- Investment & day-to-day operations run by franchisees
- Ayurveda doctors at franchisees on JSLL's payroll & ayurveda medicines exclusively supplied by JSLL



Unique hub-and-spoke model

- Clinics & day-care facilities feeding sales funnel of hospitals in the vicinity
- OPD footfall driving IPD volumes



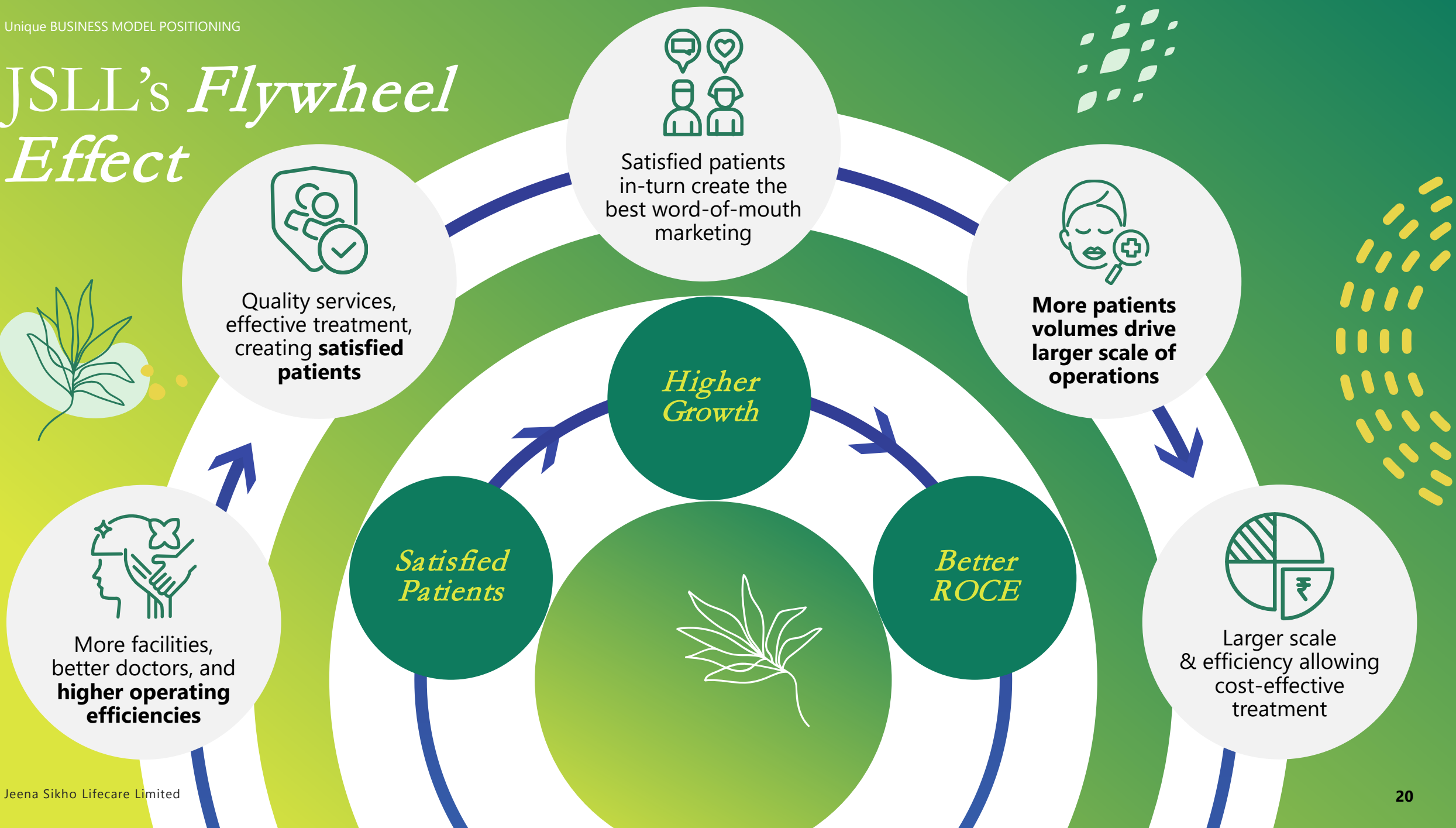
Capital-light business model

Resulting in:

1. Superior ROCE's – 71%*
2. Ability to scale rapidly
3. Nurturing a robust balance sheet (debt-free)

*3Y Average ROCE

JSLL's *Flywheel Effect*



Robust Sales Funnel



Social Media Channels:

youtube.com/@acharyamanishji
1.14M subscribers
4.4K videos

facebook.com/GuruManishAyurveda
1.6M Followers

instagram.com/acharyamanishji
1.1M followers

youtube.com/@HIIMSOOfficial
654K subscribers
3.7K videos

facebook.com/hiimsofficial
1.7M followers

instagram.com/hiimsofficial
871K followers

youtube.com/@haveshuddhi
557K subscribers
3.3K videos

facebook.com/HaveShuddhi
863K Followers

instagram.com/haveshuddhi
321K followers

National & Regional Presence:



Client Support Centre:

Continuously & proactively in touch with customers through Client Support Centre marketing

Proactive Social Media Presence

Client Support Centre Marketing

Presence on National & Regional TV, Radio, News Papers and Cinema

E-Com Sales Channel

3

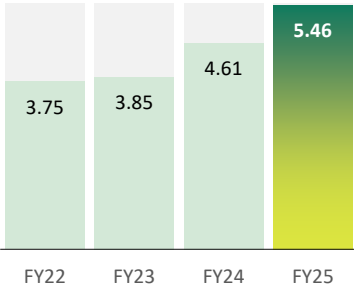
72-hour health care camps organised (Q2FY26)

361

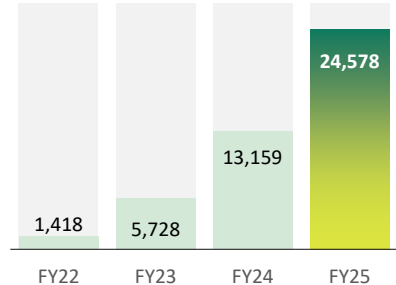
Cumulative visitors at health care camps (Q2FY26)

Health care camps serving as a direct source of revenue as well as leads for hospitals

Cumulative OPD, COD & VC customers served: (In Lakhs)



All resulting in growing IPD volumes: (#)



Health Care Camps

OPD & Medicine Customers

IPD Patients

Attractive *Unit Economics*



Typical CAPEX of a 100-bed facility

Furniture & fixtures:
~**₹45-50 lakhs**

Medical equipment:
~**₹60-65 lakhs**

Others-Infra (varying at each facility):
~**₹150-250 lakhs**

Total: ₹250-350 lakhs

Per bed: ₹3-4 lakhs



OPEX of a 100-bed facility (monthly)

Fixed Costs

Typical team size:

- ~**20** ayurveda doctors
- ~**80** support-staff
- ~**100** contractual staff

₹50-55 lakhs monthly payroll

Rent

₹10-12 lakhs monthly depending upon location

Variable Costs

Minimal consumables, electricity & operating expenditure

~12-15% of sales



Revenue potential

₹8,324/day/bed*

Bundled of Panchakarma service per day per bed

~₹300 lakhs[#]

monthly revenue potential at 100% occupancy levels of a 100-bed facility

~35%

Approximate break-even occupancy levels as per standard operating expense structure

*Rounded off

[#]Including sale of medicines



Swift paybacks Superior ROCEs (%)

12-18 months

for a hospital to reach 70% (respectable utilization)

Payback period of investment

<6 months, even lesser for smaller hospitals

Positioned for *Leadership*



Insurance & Government Panel

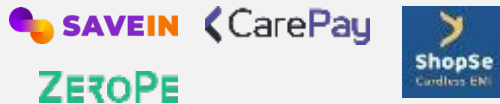
Insurance Empanelment's



Government Panel

- **Delhi** – CGHS, CAPF, DDA, CBSE, CWC, CSIR, BIS, MMTC, Navodaya
- **Rajasthan** – CGHS, RGHS, ECHS, CAPF
- **Haryana** – CGHS, CAPF, DDA, CBSE, CSIR, CWC, BIS, RGHS
- **Karnataka** - CGHS
- **Uttar Pradesh** – CGHS, CAPF, DDA, CBSE, CWC, CSIR, BIS, MMTC, DGHS
- **Maharashtra** – CGHS, CAPF, AIR INDIA
- **Punjab** – CAPF, CGHS

Fintech-Financing



CAPF

The seven central armed police forces



AR – Assam Rifles
BSF – Border Security Force
CISF – Central Industrial Security Force
CRPF – Central Reserve Police Force
ITBP – Indo-Tibetan Border Police
NSG – National Security Guard
SSB – Sashastra Seema Bal



Doctors & Medical Staff

~541

Certified ayurveda doctors

~711

Supporting health care personnel

Incentive structures of doctors aligned to serve patients well & run efficient operations



Franchisees

35

franchisee operated health care centres

CAPEX & OPEX

(ex-doctor payroll) borne by franchisee partner

Ensuring quality through exclusive JSLL team & products

- Ayurveda doctors & medical staff at franchise centres on JSLL's payroll
- Exclusive sales of JSLL's ayurveda product portfolio through bundled offerings (consultation + products)



Patients

Enabling quality & affordable alternate health care solutions

Superior customer support service through dedicated health care contact centre

Patient-centric approach generating repeat business

Word-of-mouth is the best marketing tool

Positioned for *Leadership*

Market leadership

- ~9% share of Jeena Sikho in NABH Accredited Panchakarma Clinics (135 all over India)
- ~9% share of Jeena Sikho in NABH Accredited AYUSH Hospitals (406 all over India)
- Leading organised player in Ayurveda healthcare chain with 46 NABH accredited hospitals & clinics
- Further, additional 5 NABH accreditations for AYUSH Hospitals in pipeline

46 + 5

Actual | In-Pipeline

NABH Accredited Hospitals & Clinics

NABH Accredited data as on 31st October 2025



Humongous size of opportunity

- India has an estimated ~1.9 million hospital beds as per CDDEP
- There is a large, unserved need for alternate medicine



Corporate governance

1. Consistent & growing dividend payout in FY23, FY24 and FY25
2. Audit committee chaired by an Independent Director
3. Engaging in regular investor communication through presentations & conference calls
4. Migrated to mainboard after meeting all mainboard listing criteria's in August 2025

A person's hands are shown holding a large, vibrant orange flower. The hands are positioned over a rustic wooden table. On the table, there is a small metal tray containing several compartments filled with different types of spices and herbs, including what looks like turmeric, cumin, and various seeds. There are also some fresh herbs, including a bunch of red chili peppers and a green leafy herb, scattered on the table. The background is slightly blurred, showing more of the table and some other items. The overall scene suggests a traditional or natural approach to health or medicine.

04

Breadth of

Operations

Hub-and-spoke *Geographical Expansion*

58

Hospital

59

Clinics & daycare centres

23

States

100+

Cities & Towns

2,220

Beds operational

582 Beds

Recently added

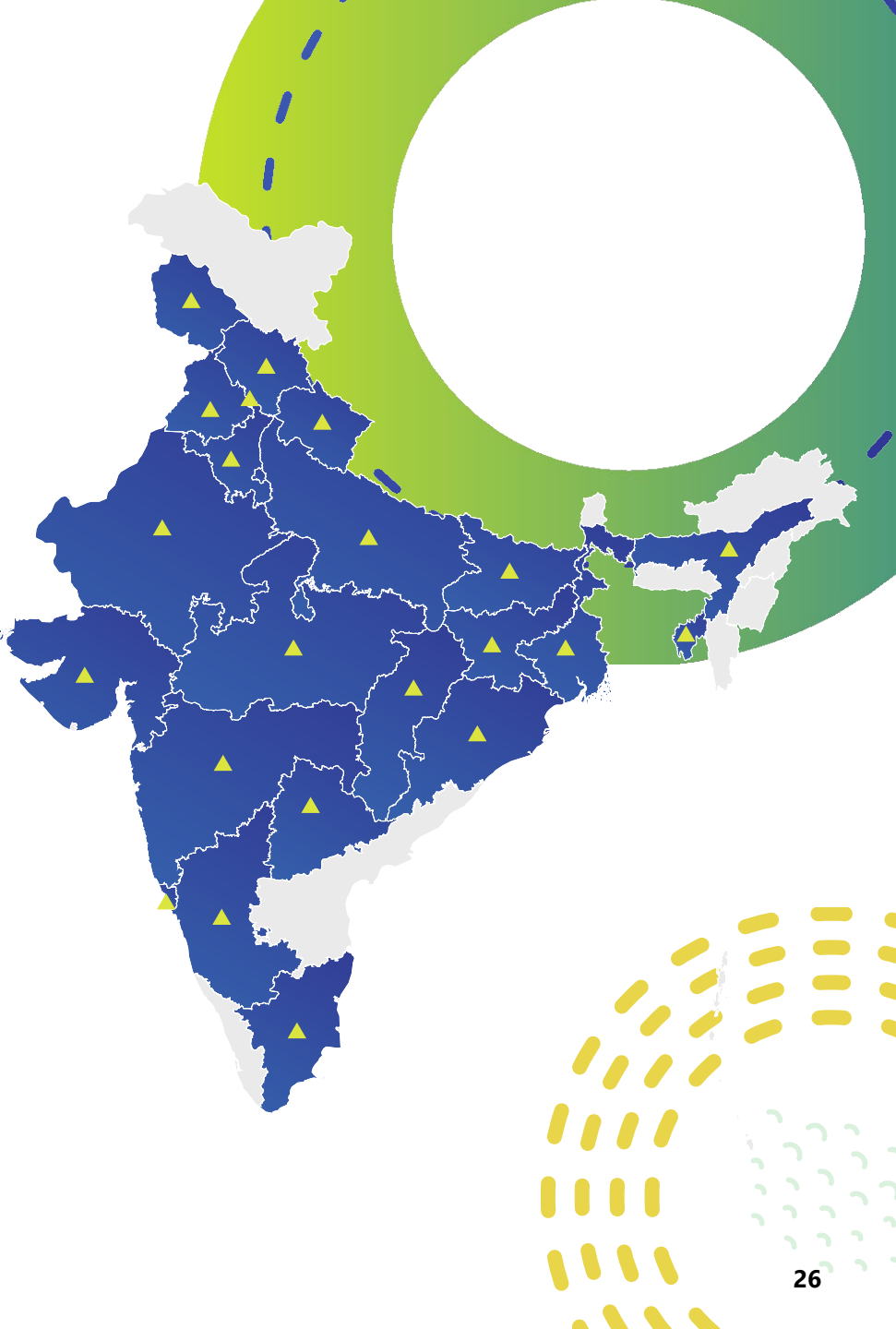
400

Beds in pipeline

5

Facilities in pipeline

Assam	1 hospital
Bihar	1 hospital 10 franchise
Chandigarh	1 hospital
Chhattisgarh	2 hospital 1 franchise
Delhi	3 hospital 7 clinic 1 franchise
Goa	1 hospital
Gujarat	3 hospital 1 clinic 1 franchise
Haryana	6 hospital 1 clinic 5 franchise
Himachal Pradesh	2 clinics
Jammu and Kashmir	1 hospital
Jharkhand	2 hospital 1 franchise
Karnataka	1 hospital
Maharashtra	5 hospital 1 clinic 4 franchise
Madhya Pradesh	2 hospital 1 clinic 1 franchise
Odisha	2 franchise
Punjab	3 hospital 6 clinic 1 franchise
Rajasthan	10 hospital
Tamil Nadu	1 hospital
Telangana	1 hospital
Tripura	1 franchise
Uttar Pradesh	12 hospital 3 clinic 5 franchise
Uttarakhand	1 hospital 1 franchise
West Bengal	1 hospital 2 clinic 1 franchise



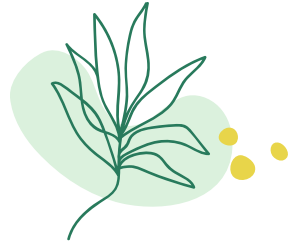


Key *Health Care Facilities*

<i>Meerut, Uttar Pradesh</i>	<i>Lucknow, Uttar Pradesh</i>	<i>Derabassi, Punjab nearby Chandigarh</i>	<i>Navi Mumbai, Maharashtra</i>	<i>Panchkula, Haryana</i>	<i>Manesar, Gurugram</i>
Since Dec-2022	Since Jun-2022	Since Oct-2020	Since Nov-2022	Since Aug-2024	Since May-2025
612 Beds	115 Beds	113 Beds	163 Beds	70 Beds	100 Beds
NABH Accredited	NABH Accredited	NABH Accredited	NABH Accredited	NABH Accredited	
					
					



Health Care Camps *Case Studies*



We conduct regular health care camps each month

Average ~30% conversion of camp attendees for IPD treatments

Meerut Camp

Dates: 26th to 28th September
State name: Uttar Pradesh
Duration: 3 days

136

Visitors Attended

~₹58 lakhs

Direct Business Garnered

Meerut Camp

Dates: 29th to 31st August
State name: Uttar Pradesh
Duration: 3 days

129

Visitors Attended

~₹62 lakhs

Direct Business Garnered

Meerut Camp

Dates: 25th to 27th July
State name: Uttar Pradesh
Duration: 3 days

96

Visitors Attended

~₹54 lakhs

Direct Business Garnered

Meerut Camp

Dates: 27th to 29th June
State name: Uttar Pradesh
Duration: 3 days

106

Visitors Attended

~₹56 lakhs

Direct Business Garnered

Meerut Camp

Dates: 23rd to 25th May
State name: Uttar Pradesh
Duration: 3 days

78

Visitors Attended

~₹42 lakhs

Direct Business Garnered

Meerut Camp

Dates: 24th to 27th April
State name: Uttar Pradesh
Duration: 4 days

71

Visitors Attended

~₹37 lakhs

Direct Business Garnered



Research Papers Published by *Jeena Sikho* (1/4)



Feb 2025

Management
Of Early-Stage
Breast Cancer
With Ayurveda:
A Case Study


[CLICK HERE](#)

Feb 2025

Effective
Management Of
Renal Calculi
(Mutrashmari)
With An
Ayurvedic
Treatment:
A Case Report


[CLICK HERE](#)

Feb 2025

Revitalizing
Fertility: A Case
Report On The
Ayurvedic
Management Of
Oligospermia
(Shukrakshaya)


[CLICK HERE](#)

Oct 2024

Clinical
Evaluation Of
Chronic Kidney
Disease
Management:
Integrating
Lifestyle
Modification And
Ayurveda


[CLICK HERE](#)

Oct 2024

Evaluating The
Impact Of
Ayurvedic
Interventions On
Renal Health In
Chronic Kidney
Disease: A Case
Study Analysis


[CLICK HERE](#)

Dec 2024

Integrating
Ayurvedic
Panchkarma
In The
Management Of
Chronic Kidney
Disease:
A Clinical Case
Report


[CLICK HERE](#)

Dec 2024

Successful
Ayurvedic
Management Of
Chronic Psoriasis
(Ekakustha):
A Case Report


[CLICK HERE](#)

Dec 2024

Holistic
Strategies In
Chronic Kidney
Disease: Case
Report On The
Impact Of
Ayurvedic
Treatment


[CLICK HERE](#)

Dec 2024

Holistic
Management Of
Gallbladder
Stones
(Pittashmari):
A Case Study


[CLICK HERE](#)

Nov-Dec 2024

A Case Study For
Integrating
Ayurvedic
Panchkarma
Therapies For
Management Of
Chronic Kidney
Disease


[CLICK HERE](#)

Sept-Oct 2024

Integrating
Ayurveda In
Chronic Kidney
Disease
Management


[CLICK HERE](#)

Oct 2024

Integrative
Management Of
Chronic Kidney
Disease: A Case
Report On The
Efficacy Of
Ayurvedic
Panchkarma
Therapy In
Advanced CKD


[CLICK HERE](#)

July-Dec 2024

A Case Report
On The
Integrative
Management Of
Chronic Kidney
Disease:
An Ayurvedic
Approach


[CLICK HERE](#)

Jul 2024

Ayurvedic
Management Of
Stage IV Chronic
Kidney Disease


[CLICK HERE](#)

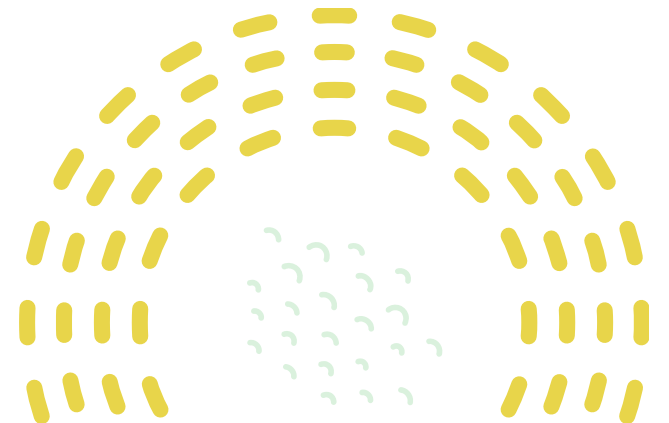
Nov 2024

Ayurvedic
Management Of
Stage V Chronic
Kidney Disease


[CLICK HERE](#)

Jan-Jun 2024

Exploring
Ayurvedic
Interventions In
Chronic Kidney
Disease With
Hypertension:
A Case Report


[CLICK HERE](#)


Research Papers Published by *Jeena Sikho* (2/4)



July-Dec 2024

Evaluating The Efficacy Of Ayurvedic Treatments In Stage V Chronic Kidney Disease: A Case Report



[CLICK HERE](#)

May 2025

Resolving Azoospermia (Shukra Kshaya) with an Ayurvedic Approach



[CLICK HERE](#)

May 2025

Integrative Ayurvedic Approach in the Management of Chronic Kidney Disease: A Case Report and Therapeutic Insights



[CLICK HERE](#)

May 2025

Comprehensive Approach on Integrative Ayurvedic Strategies in Chronic Kidney Disease: A Case Report



[CLICK HERE](#)

May 2025

Ayurvedic Approach Enhancing Renal Health and Wellbeing in Chronic Kidney Disease: A Case Report



[CLICK HERE](#)

May 2025

Comprehensive Ayurvedic Approach In the Management of Chronic Kidney Disease: A Case Report"



[CLICK HERE](#)

May 2025

Alleviating Rheumatoid Arthritis (Aamvata) through Ayurvedic Medicine and Panchakarma: A Case Study



[CLICK HERE](#)

May 2025

Therapeutic Management of Uterine Fibroid/ Garbhashayagata Granthi with Ayurveda



[CLICK HERE](#)

May 2025

Management of the Symptoms Of Metastatic Lung Cancer with Ayurveda



[CLICK HERE](#)

Jun 2025

Charma Rog (Skin Disease) Ekkustha (Psoriasis) Management by Ayurvedic Chikitsa Paddhati (Line of Treatment): A Case Study



[CLICK HERE](#)

Apr 2025

Integrative Ayurvedic Management of Chronic Kidney Disease Stage V: A Case Study on Therapeutic Efficacy and Patient Outcomes



[CLICK HERE](#)

Jun 2025

The Great Revert of Uncontrolled Type 2 Diabetes Mellitus with Diabetic Neuropathy by Ayurvedic Intervention: A Case Study Relating Topittaj Prameha



[CLICK HERE](#)

Jun 2025

Accuracy in the Diagnosis of Diabetes Mellitus with Speedy Reversal through Ayurvedic Management for Prameha Vyadhi: A Case Study



[CLICK HERE](#)

Jul 2025

Ayurvedic Management of Prameha (Diabetes): A Case Study



[CLICK HERE](#)

May 2025

Integrative Ayurvedic Management of Chronic Kidney Disease Highlighting the Efficacy of Panchakarma and Ayurvedic Formulations: A Case Report



[CLICK HERE](#)



Research Papers Published by *Jeena Sikho* (3/4)



Jul 2025

Comprehensive Ayurvedic Management of Grade 3 Fatty Liver (Yakrit Vikara): A Case Report


[CLICK HERE](#)

Jul 2025

Effective Management of Chronic Kidney Disease (Vrikka Roga) Using Ayurvedic Treatment: A Case Report


[CLICK HERE](#)

Jun 2025

Effective Management of Kitibha (Chronic Psoriasis) using Ayurvedic Medicine: A Case Report


[CLICK HERE](#)

Jun 2025

An Ayurvedic Intervention in Management of Adenomyosis (Bulky Uterus): A Case Report


[CLICK HERE](#)

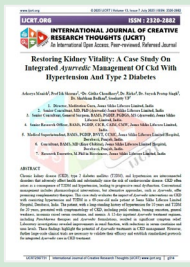
Jul 2025

Holistic Ayurvedic Management of Yakriti Vikar : A Case-Based Study on Chronic Liver Disease


[CLICK HERE](#)

Jul 2025

Restoring Kidney Vitality: A Case Study On Integrated Ayurvedic Management of CKD with Hypertension and Type 2 Diabetes


[CLICK HERE](#)

May 2025

Yakriti Dushti: An Ayurvedic Approach to Non-Alcoholic Fatty Liver Disease (NAFLD) Management- A case study


[CLICK HERE](#)

May-June 2025

Role of Ayurveda in the Management of Infertility with PCOS and Diabetes Type II


[CLICK HERE](#)

May-June 2025

Integrative Management Of Chronic Kidney Disease: A Case Report On Ayurvedic and Conventional Approaches


[CLICK HERE](#)

Aug 2025

The Efficacy Of Ayurvedic Shaman Chikitsa In Adenomyosis- A Case Study


[CLICK HERE](#)

Aug 2025

Role of Panchakarma and Ayurvedic Medicine in controlling CLD And T2DM: A Case Study


[CLICK HERE](#)

Aug 2025

Integrative Management Of Symptoms Of Polycystic Kidney Disease Through Ayurveda: A Case Report


[CLICK HERE](#)

Aug 2025

The Ayurveda Path To Conception: Shodhana And Shamana Chikitsa In Infertility- A Case Study


[CLICK HERE](#)

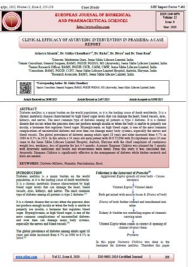
Aug 2025

Successful Management Of Uterine Fibroid (Mamsaja Granthi) Through Ayurvedic Interventions: A Case Report


[CLICK HERE](#)

Aug 2025

Clinical Efficacy of Ayurvedic Intervention In Prameha: A Case Report


[CLICK HERE](#)


Research Papers Published by *Jeena Sikho* (4/4)



May-June 2025

Approach of Ayurvedic Management Towards Restoration of Liver Health in Hepatomegaly with Fatty Liver: A Case Study Referring to Yakrit Vriddhi



CLICK HERE

May-june 2025

Management of Tubal Blockage through Ayurveda: A Clinical Case Study



CLICK HERE

Jul 2025

Enlightening on Effectual Ayurvedic Therapeutics in Early Diagnosed Type 2 Diabetes Mellitus



CLICK HERE

Jul 2025

Influential Effect of Diet and Panchakarma Therapy in Liver Disease: A Case Study Especially Referencing to the Vataja Yakrita Vikara



CLICK HERE

Jul 2025

Role of Panchakarma and Ayurvedic Medicine in Controlling CKD and HTN: A Case Study



CLICK HERE

Aug 2025

Effective Management of Symptoms of Carcinoma of the Urinary Bladder (Bastarbuda) through Ayurvedic Interventions: A Case Report



CLICK HERE

Aug 2025

Efficacy of Ayurvedic Panchakarma Therapies in Vrikkaroga with Special Reference to Chronic Kidney Disease



CLICK HERE

Aug 2025

Exploring the Efficacy of Ayurveda in Alcoholic Liver Disease: A Case Study



CLICK HERE

Aug 2025

A Comprehensive Case Report on the Management of Prameha (Diabetes Mellitus) using Traditional Ayurvedic Medications



CLICK HERE

Aug 2025

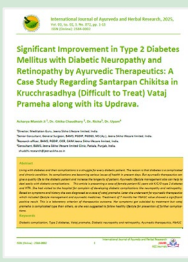
Management of Chronic Kidney Disease (Vrikka Vikara) through Ayurvedic Modalities: A Case Study



CLICK HERE

Apr 2025

Significant Improvement in Type 2 Diabetes Mellitus with Diabetic Neuropathy and Retinopathy by Ayurvedic Therapeutics: A Case Study Regarding Santarpan Chikitsa in Kruchrasadhya (Difficult to Treat) Vataj Prameha along with its Updrava.



CLICK HERE

Aug 2025

Considerable Effect of Ayurvedic Intervention in Subclinical Hypothyroidism: A Case Study of anuktavyadhi (Unsaid Disorder)



CLICK HERE

Aug 2025

Management of Type 2 Diabetes Mellitus Significantly through Ayurvedic Intervention: A Case Study of Vatajapramehachikitsa



CLICK HERE

Aug 2025

Efficacy of Ayurvedic Medicines in the Management Of Psoriasis: A Case Report



CLICK HERE

Aug 2025

Rapid Healing of Liver Health along with Preventing it From Converting into Acute to Chronic Liver Disease Byayurvedic Management in the Viewpoint of yakrit Vikara: A Case Study



CLICK HERE



Comprehensive Healthcare Services – 1 / 2

Health Care Services Offered



In-patient
Department
(Ipd) Through
Hospitals



Out-patient
Department
(Opd) Via Clinics
& Daycare Centres



72-hour
Health
Camps



Panchakarma
Therapies



Medical-kits



Diet Care

Comprehensive Healthcare Services – 2/2

Ailments Treated



Thyroid



Obesity
& Weight Loss



Cholesterol



Migraine



Depression



Joint Pain



Back Pain



Eye
Treatment



Acidity &
Gas



Anxiety



Psoriasis



Ulcer



Sexually
Transmitted
Diseases



Fissure



Skincare



Leukoderma



Asthma



Ayurveda *Product Portfolio*



Our Top Selling Products



Existing sales channels

1. Client support centres & e-com
2. At health care centres

Tapping OTC sales channel at pharmacies with new product launches

330+
SKUs in portfolio

~85%
Overall Gross Margin in product



OTC Product Portfolio



Product Launched

*Pet Yakrit
Pleeha
Shuddhi
Kit*



*Dr. BP
Care DS*



*Dr. Kidney
Care DS*



*Dr. Madhu
Care DS*



*Dr. Liver
DS*

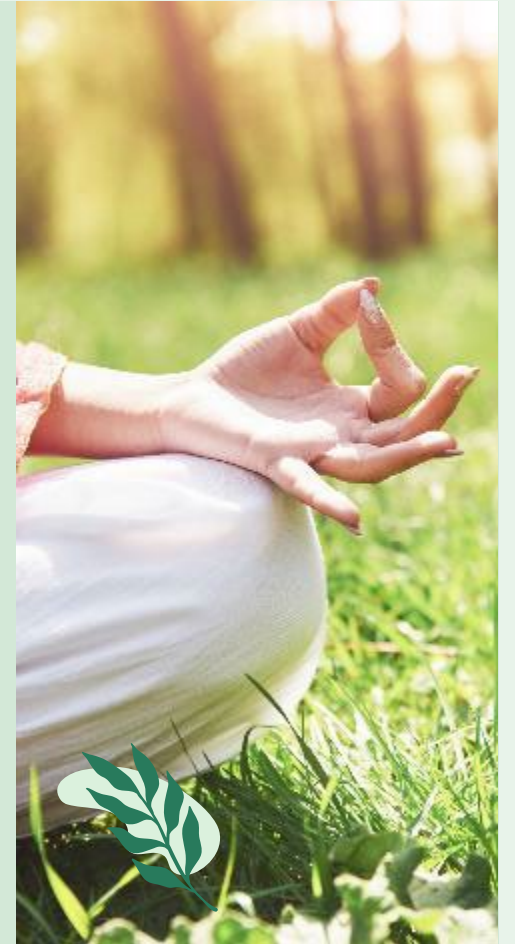


*Dr. Sukoon
DS*



Upcoming Products in Categories

1. Plant Based Protein Powder
2. Gyno Syrup
3. Joint Pain Oil
4. Joint Pain Ointment
5. Joint Pain Balm
6. Joint Pain Tablets



All products compliant with AYUSH Standards

Client Support Centre Operations

Dedicated health care Client Support Centre for proactive sales & customer support operations:

Driving customer order placement & processing for medicine portfolio

Ensuring repeat business & continued association with customers

Consumer support & grievance redressal

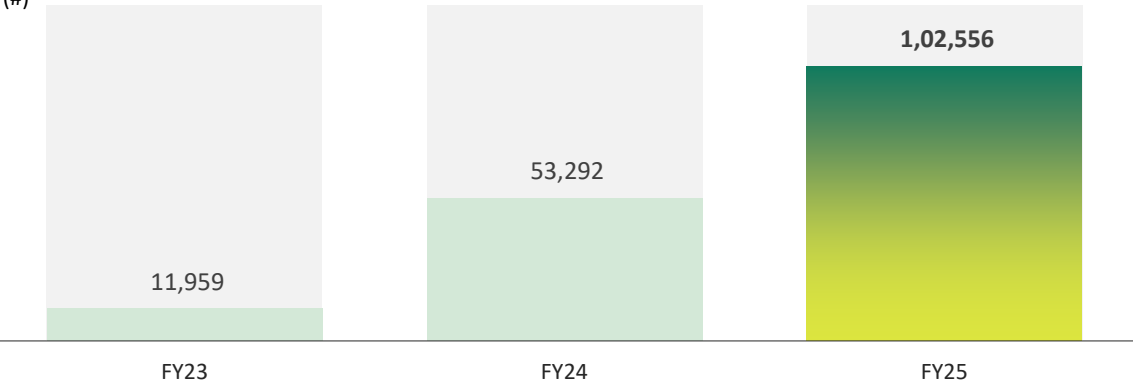
Facilitating sales leads for health care centres

Administering virtual & telephonic consultation through in-house doctors

Guidance on insurance facilities



Video-call Consultations (#)



Customer *Testimonials*

Ashwini Upadhyay
(PIL Man of India)

When top hospitals recommended knee surgery for his father, he came to our HIMS Chandigarh centre - just ten days of Ayurvedic and rehab care had his father walking pain-free, no surgery needed. These recoveries show our commitment to effective, affordable healing.

 [VIEW THE VIDEO](#)

Avadh Ojha
(UPSC Teacher)

Due to an irregular lifestyle, Avadh Ojha developed diabetes. By following the DIP Diet recommended by Acharya Manish Ji, he achieved complete recovery without any medication. Mr. Ojha believes Acharya Ji is a true servant of humanity, whose guidance not only heals illnesses but also helps overcome stress and depression.

 [VIEW THE VIDEO](#)

Comedian Bharti Singh's Mother

When Mrs. Singh was admitted to our facility, allopathic doctors had advised her to take dialyses but she avoided this course of action. Since she began her treatment, she noticed significant improvement in her health. She was on insulin for 12-15 years before she came to Jeena Sikho Lifecare. Within 4 days, she was off the insulin and get rid of BP tablet.

 [VIEW THE VIDEO](#)

Ganesh Ji

Ganesh Ji was diagnosed with 52 lumps in his body and severe swelling, leaving him dependent on a wheelchair. After one month of Ayurvedic and natural therapy at Jeena Sikho HiiMS, his swelling reduced, lumps subsided, and he regained mobility and improved health.

 [VIEW THE VIDEO](#)

Prahlad Modi
(Narendra Modi's Brother)

When Modi ji's brother came to us he used to undergo dialyses thrice a week wherein 4.5 litres of water was removed from his body. Now the water content has reduced to 3 litres and he is looking forward to being free from dialysis soon.

 [VIEW THE VIDEO](#)

Rajiv Thakur
(Comedian)

When our clients' parents came to Jeena Sikho after years of declining health, Acharya Manish's personalized Ayurvedic care began reversing chronic issues within just three months. Half of their conditions have already healed, with steady progress on the rest. More than caregivers, our team fearlessly advocates for patients, challenging medical doubt with results.

 [VIEW THE VIDEO](#)

Suresh Chavhanke
(Owner Sudarshan News)

A respected journalist brought his father - told he needed surgery - to Jeena Sikho. Just two and a half weeks of Ayurvedic and Panchakarma care, his father's reports came back clear. A powerful example of our compassionate, evidence-based healing.

 [VIEW THE VIDEO](#)

Ashwini Upadhyay
(PIL Man of India)

Ashwini Upadhyay had two to three lumps in his body, for which doctors advised surgery. He attended a Jeena Sikho HiiMS camp, and after just three days of massage, steam therapy, yoga, pranayama, and proper diet, all lumps disappeared by the fourth day — without surgery or medication, demonstrating the power of natural therapy.

 [VIEW THE VIDEO](#)

Healing beyond Medicine

Several diabetes patients who were taking up to 50 units of insulin experienced complete discontinuation of insulin after just 6–7 days of Ayurvedic treatment at Jeena Sikho HiiMS. Pain, swelling, and breathlessness also reduced, and patients reported renewed energy through the DIP Diet and natural therapy.

 [VIEW THE VIDEO](#)

Wellness Reimagined

A female patient from Delhi, living with diabetes and high blood pressure for over 20 years, had her vital filtration organs completely fail. She arrived at Jeena Sikho HiiMS on ventilator support. After 48 days of Ayurvedic care, she became free from insulin, dialysis, and oxygen support, and is now living a healthy, stable life.

 [VIEW THE VIDEO](#)

Justice Kolse Patil
(Mumbai High Court Retd. Judge)

Justice Kolse Patil Ji's blood sugar reached 500. By leaving all allopathic medicines and following only the DIP Diet and exercise, his sugar levels normalized within a short time. His wife's glaucoma also improved, with doctors declaring no further treatment needed. This experience shows that diabetes can be controlled through the DIP Diet and Ayurvedic lifestyle.

 [VIEW THE VIDEO](#)

Freedom through Ayurveda

A man, whose wife passed away from cancer in 2019, shared that had he known about Jeena Sikho HiiMS earlier, she might have been saved. A diabetes patient for 15 years, taking 18 pills daily, he discontinued all medication after joining Jeena Sikho HiiMS. Within two days, he lost 2 kg, and his blood sugar remained controlled, demonstrating that an Ayurvedic lifestyle can manage diabetes and restore energy.

 [VIEW THE VIDEO](#)



05

Way
Forward

Outlook

01

Improve utilization rates of existing assets

03

Tap OTC sales channel for medicine sales

05

Enablement of cashless insurance to aid volumes

07

Overseas Expansion beginning with U.A.E.

02

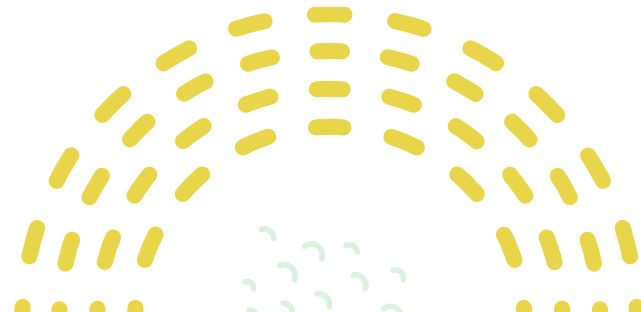
Launch new centres & bed addition in existing centres

04

Expand portfolio: launch new products

06

Expected increase in coverage under Government Panel / AYUSH



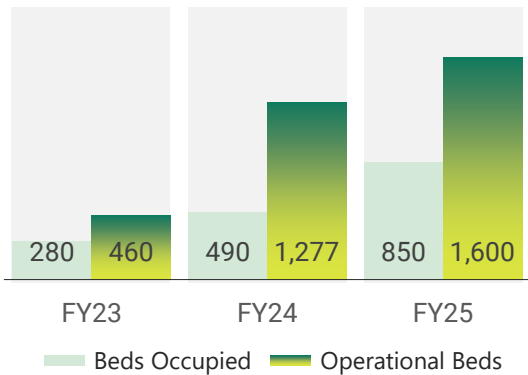


06

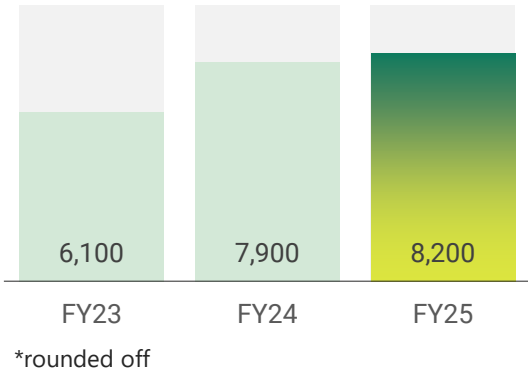
Annual
*Financial
Highlights*

Key *Operating Metrics*

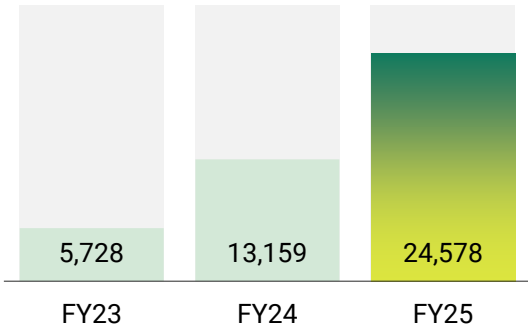
Operational Beds & Occupancy
(#)



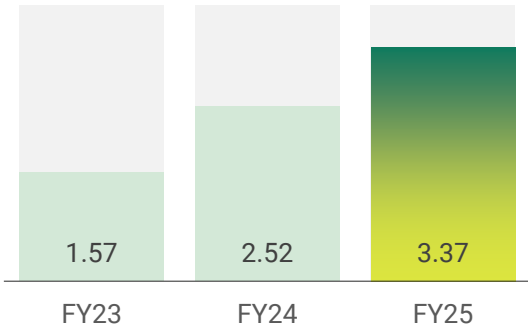
Avg. Revenue Per Bed*
(In ₹)



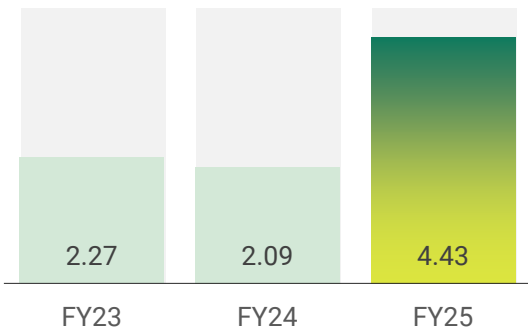
IPD Patient Volumes
(#)



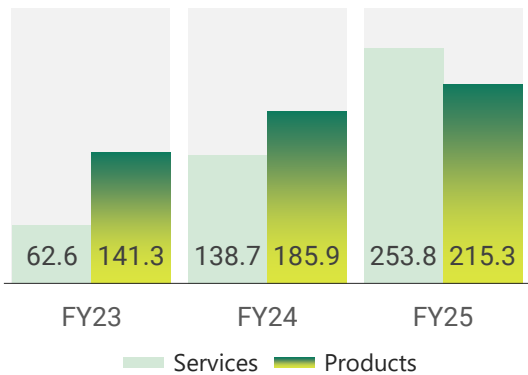
OPD Patient Volumes
(# Lakh)



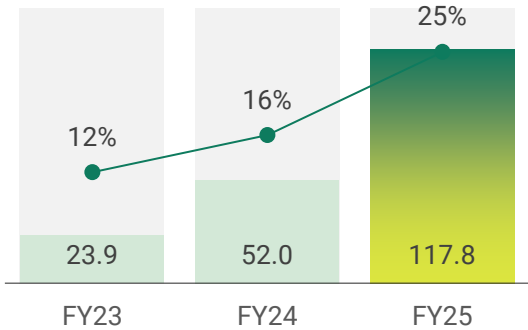
Medicine Order Volumes
(# Lakh)



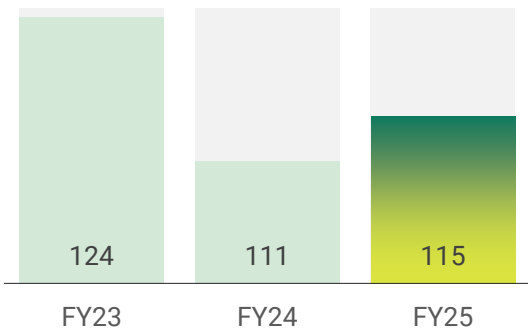
Revenue-mix
(In ₹ Crore)



Govt. Panel Revenue
(In ₹ Crore & %)



Active Operational Centres
(#)



5Y Income Statement

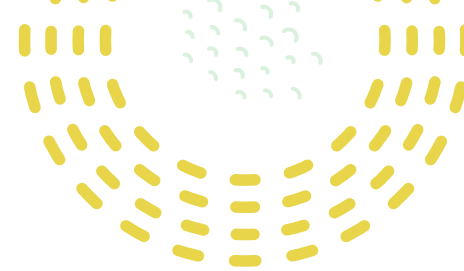


(In ₹ Lakhs)

PARTICULARS	FY21	FY22	FY23	FY24	FY25
REVENUE FROM OPERATIONS	13,581	14,645	20,390	32,441	46,907
GROSS PROFIT	11,884	12,971	18,193	29,298	41,084
GROSS PROFIT MARGIN (%)	88%	89%	89%	90%	88%
OPERATING EXPENSES	10,196	11,159	13,586	19,999	28,596
EBITDA	1,688	1,812	4,608	9,299	12,488
EBITDA MARGIN (%)	12%	12%	23%	29%	27%
DEPRECIATION & AMORTISATION	246	331	313	510	871
EBIT	1,442	1,482	4,295	8,789	11,617
FINANCE COST	130	114	70	41	51
OTHER INCOME	107	149	228	644	641
PROFIT BEFORE TAXES	1,419	1,517	4,453	9,392	12,207
TAXES	389	390	1,079	2,471	3,134
PROFIT AFTER TAXES	1,029	1,127	3,374	6,921	9,073
PROFIT AFTER TAXES MARGIN (%)	8%	8%	16%	21%	19%
EARNINGS PER SHARE (₹)	10.19	11.15	13.69	27.84	36.50

Note: EPS for FY24 & FY23 takes into account bonus shares issued in November 2023

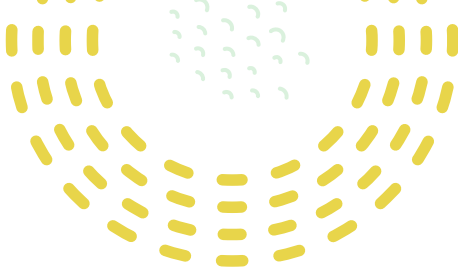
5Y Balance Sheet



(In ₹ Lakhs)

PARTICULARS	FY21	FY22	FY23	FY24	FY25
TOTAL EQUITY	2,395	3,656	12,580	19,225	27,302
NON-CURRENT LIABILITIES	92	117	63	88	302
BORROWINGS	15	81	54	32	43
CURRENT LIABILITIES	2,428	2,383	2,460	2,741	5,227
BORROWINGS	1,188	663	27	22	1,030
TRADE PAYABLES	328	463	607	446	950
TOTAL EQUITY & LIABILITIES	4,915	6,155	15,103	22,053	32,831
NON-CURRENT ASSETS	2,306	3,951	7,355	7,619	17,615
PROPERTY, PLANT AND EQUIPMENT	2,250	2,822	5,969	6,683	9,234
CAPITAL WORK-IN-PROGRESS	0	504	113	350	1,123
CURRENT ASSETS	2,609	2,204	7,748	14,434	15,216
INVENTORIES	928	576	410	350	295
TRADE RECEIVABLES	324	897	2,207	4,119	9,763
CASH AND CASH EQUIVALENTS	896	257	3,239	6,201	2,596
TOTAL ASSETS	4,915	6,155	15,103	22,053	32,831

5Y Cash Flow Statement



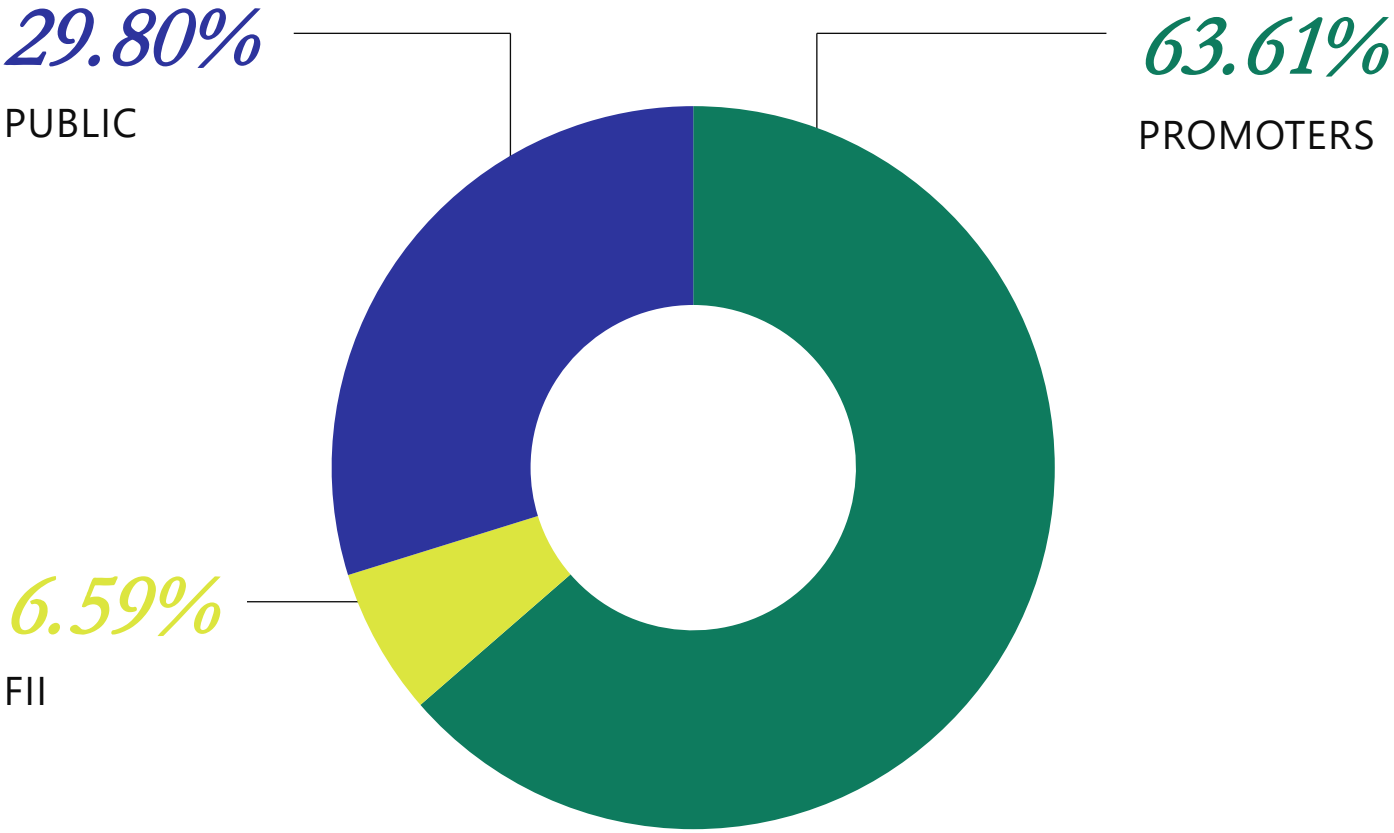
(In ₹ Lakhs)

PARTICULARS	FY21	FY22	FY23	FY24	FY25
CASH FROM OPERATING ACTIVITIES	1,752.76	1,747.95	1,716.94	3,668.93	6,862.68
CASH FROM INVESTING ACTIVITIES	(858.90)	(1,963.76)	(5,723.16)	(1,804.61)	(7,036.81)
CASH FROM FINANCING ACTIVITIES	(153.22)	(451.08)	4,800.34	(344.39)	(69.14)
NET CASH FLOW	740.64	(666.89)	794.12	1,519.93	(243.27)
CASH AT BEGINNING OF YEAR	143.66	884.30	217.42	1,011.54	2,531.47
CASH AT END OF YEAR	884.30	217.41	1,011.54	2,531.47	2,288.20

Market *Statistics*

NSE Symbol	<u>JSLL</u>
BSE Scrip Code	<u>544476</u>
Listing Date	
- NSE	April 19, 2022
- BSE	August 11, 2025
Current Market Price	₹785.20
52 Week High/Low	₹849.50/₹280.00
Shares Outstanding	12.43 Cr
Market Capitalization	₹9,720.32 Cr
Industry Classification	Healthcare

Note: Market Price Data as on 6th November 2025



Note: Shareholding Data as on 30th September 2025

Contact Us

Contact Details

Nanak Chand
Chief Financial Officer
Email Address: investors@jeenasikho.com

ADDRESS:

Jeena Sikho Lifecare Limited
SCO 11, First Floor, Kalgidhar enclave, Kalka
Shimla Highway, Near K-Area Road, Baltana
Light Point, Zirakpur,
District Mohali, Punjab - 140604



Investor Presentation
Q2FY26 | November 2025

This document which have been prepared by Jeena Sikho Lifecare Limited (the "Company" or "JSLL"), have been prepared solely for information purposes. This document has been prepared by the Company based on information and data which the Company considers reliable, but the Company makes no representation or warranty, express or implied, whatsoever, and no reliance shall be placed on, the truth, accuracy, completeness, fairness and reasonableness of the contents of this Document. This Document may not be all inclusive and may not contain all of the information that you may consider material. Any liability in respect of the contents of, or any omission from, this Document is expressly excluded.

Certain matters discussed in this Document may contain statements regarding the Company's market opportunity and business prospects that are individually and collectively forward-looking statements. Such forward-looking statements are not guarantees of future performance and are subject to known and unknown risks, uncertainties and assumptions that are difficult to predict. These risks and uncertainties include, but are not limited to, the performance of the Indian economy and of the economies of various international markets, the performance of the industry in India and world-wide, competition, the company's ability to successfully implement its strategy, the Company's future levels of growth and expansion, technological implementation, changes and advancements, changes in revenue, income or cash flows, the Company's market preferences and its exposure to market risks, as well as other risks. The Company's actual results, levels of activity, performance or achievements could differ materially and adversely from results expressed in or implied by this Document. The Company assumes no obligation to update any forward-looking information contained in this Document. Any forward-looking statements and projections made by third parties included in this Document are not adopted by the Company and the Company is not responsible for such third-party statements and projections.