

**Date: 23<sup>rd</sup> August, 2025**

<b>To,</b> Manager - Listing Compliance <b>National Stock Exchange of India Limited</b> 'Exchange Plaza'. C-1, Block G, Bandra Kurla Complex, Bandra (E), Mumbai - 400 051 SYMBOL: JSL	<b>To,</b> Head of the Department, Department of Listing Operation, <b>BSE Limited</b> Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai 400001 SCRIP Code: 544476
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**Sub: Prior intimation under Regulation 29 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (the 'Listing Regulations') of the Board Meeting to be held on August 27, 2025.**

Dear Sir/Ma'am,

Pursuant to provisions of Regulation 29 of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015, we wish to inform you that a meeting of the Board of Directors of the Company is scheduled to be held on Wednesday 27<sup>th</sup> August, 2025, at the registered office of the company situated at SCO 11, First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab 140604, India to transact the following business.

1. To consider and approve the proposal for Employee Stock Option Scheme 2025 in terms of SEBI (Share Based Employee Benefits and Sweat Equity) regulations, 2021.
2. To consider any other matter, with the permission of the Chairperson.

This intimation is also being made available on the website of the Company at [www.jeenasikho.com](http://www.jeenasikho.com)

Kindly take the above intimation on your record.

**Thanking you,  
Yours faithfully,**

**For Jeena Sikho Lifecare Limited**  
**Manish Grover**  
**Managing Director**  
**DIN: 07557886**  
**Place: Zirakpur, Punjab**  
**Date: 23-08-2025**

## **JEENA SIKHO LIFECARE LIMITED**

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

**Registered Office Address:**

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,  
Punjab-140604, 01762-513185  
CIN NO.: L52601PB2017PLC046545

**Corporate Office Address:**

B-26, Opp. Metro Pillar No. 223, Rohtak Road,  
New Multan Nagar, Delhi - 110056  
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