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Date: 11.08.2025

To, The Manager, Listing Compliance Department National Stock Exchange of India Limited Exchange Plaza, Bandra Kurla Complex, Bandra (East), Mumbai-400051 NSE SYMBOL: JSLL	To, The Manager BSE Limited Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai – 400001 BSE Scrip Code: 544476
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Subject: Prior intimation under Regulation 29 of the Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (the 'Listing Regulations') and Trading Window Closure of the Board Meeting to be held on August 14, 2025.

Dear Sir/Madam,

Pursuant to provisions of Regulation 29 read with Regulation 33 of the SEBI (Listing Obligations & Disclosure Requirements) Regulations, 2015, we wish to inform you that a meeting of the Board of Directors of the Company is scheduled to be held on **Thursday 14th August, 2025**, at the registered office of the company situated at SCO 11, First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab 140604, India to transact the following business.

1. To consider and approve the Un-Audited Financial Results along with Limited Review Report for the quarter ended June 30, 2025.
2. To consider any other matter, with the permission of the Chairperson.

Further, pursuant to SEBI (Prohibition of Insider Trading), Regulations, 2015 read with Company's code of conduct for Prevention of Insider Trading, the trading window for dealing in the company's shares will remain closed for all designated persons and their immediate relatives till 48 hours after the announcement made to stock exchange for disclosing about financial results of the company.

This intimation is also being made available on the website of the Company at www.jeenasikho.com

Kindly take the above intimation on your record.

Thanking You,

Yours Faithfully

For and on behalf of
Jeena Sikho Lifecare Limited

Manish Grover
Managing Director
DIN: 07557886
Date: August 11, 2025
Place: Zirakpur

JEENA SIKHO LIFECARE LIMITED

120+ AYURVEDA CLINICS & HOSPITALS | FREEDOM FROM 2D DISEASES & DRUGS

Registered Office Address:

SCO-11, Kalgidhar Enclave, Baltana, Zirakpur,
Punjab-140604, 01762-513185
CIN NO.: L52601PB2017PLC046545

Corporate Office Address:

B-26, Opp. Metro Pillar No. 223, Rohtak Road,
New Multan Nagar, Delhi - 110056
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